

fall protection 2011-2012

— because your life is on the line —

— www.frenchcreekproduction.com —

FCP
FrenchCreek
Production
Made in the U.S.A.

There are **3** crucial components to a FCP fall arrest system.
All 3 components must be used together to form a complete system.

1. anchorage connector
(tie-off straps, beam anchors, roof anchors, etc...)

2. connecting device
(self-retracting lifelines, lanyards, rope grabs, etc...)

3. full body harness



shown in this photo:
1. 1550 D-bolt anchor
2. 450A lanyard
3. 850ABG harness

Table of Contents:

Components to a Fall Arrest System	2
Harness Options & Accessories	3 - 4
U-STEP	4
The "TRACKER" (Patented RFID Tracking Technology)	4, 5, 16
Harnesses	6 - 13
Saddles, Workseat	14 - 15
Harness Combos & Kits	16
Lanyard Options & Accessories	16
Lanyards	17 - 23
LANCHOR (Tie-back Lanyard)	22
U-RES-Q Lanyards (Self-Rescue Lanyard / Ladder)	23
Rebar Assemblies	24
Self Retracting Lifelines (SRL's)	25
Hardware (Snap Hooks & Carabiners)	26 - 27
"Z Series" Hardware (Meets ANSI Z359.1-2007 Standards)	26 - 27
Lifelines, Rope, Rope Accessories	28
Rope Grabs	29
Roofer's Kits	30
Anchors, Anchorage Connectors	31 - 35
Horizontal Lifeline Systems	36 - 37
Tower, Ladder, Rail Climbing Systems	38
Cable Climbing Systems	39
Ladder Gate System	39
Rescue, Recovery, & Confined Space Systems	40 - 43
Tripods and Accessories	41
Quad Pod, Davit Systems	42
Controlled Descent Devices	43
Flexible Access Ladders	44
Carry Bags & Pouches	44
Firefighter Belts (Pacmule)	45
Training Programs, Videos	46
Why we're called FrenchCreek	46
Industry Standards - OSHA & ANSI	47

**FrenchCreek is a
Custom Manufacturer
of fall protection
safety products, willing
to work WITH you to
fulfill ALL of your needs!**



our products are manufactured exclusively in the U.S.A.

on-site testing facilities ensure top quality products

harness options

FCP offers many harness options including: webbing color, padding, D-ring placements, and buckle closures. Plus, we can customize your harness to suit any specific needs. Please inquire for further details concerning customizing & custom orders. Stainless Steel adjusters, buckles & rings are also available upon request.

Option A - Shoulder pads (two pieces) 'SuperNit' technology incorporates a moisture management system with an anti-microbial coating

Option B - Hip D-rings for positioning

Option C - Quick connect bayonet buckle chest strap (chest strap only)

Option D - Shoulder D-rings

Option F - Leg pads (two pieces) 'SuperNit' technology incorporates a moisture management system with an anti-microbial coating

Option H - Front chest D-ring for positioning

Option P - Removable, washable, retrofit back & shoulder pad (one piece) 'SuperNit' technology incorporates a moisture management system with an anti-microbial coating

Option 9 - Additional back D-ring with extension strap built into harness

Buckle Options: ① Friction Buckle, ② Mating Buckle, ③ Grommet/Tongue Buckle, ④ super-quick Bayonet Buckle



ALL
FrenchCreek
Harnesses are rated to
a combined weight of
400 lbs.



harness accessories

Numerous accessories are available for FCP's harnesses. If you don't see exactly what you need, please inquire. Stainless Steel adjusters, buckles, and rings are also available.

♦♦ = Quick Ship Item

- ♦♦ **1418** - 18" x 1 3/4" D-ring extension strap with D-ring on one end & locking snap on other end, as shown.
- 1418-LOOP** - 18" x 1 3/4" D-ring extension with choke loop.
- 400R** - Lanyard retainer, 1" web loop with 2" O-ring sewn to harness, as shown.
- 400SB** - Sliding buckle cover/insulator, as shown.
- 400BC** - Flame resistant buckle covers for chest & leg, as shown. (*harness not included*)
- 800PS** - Removable saddle (*page 9*) for comfort, positioning and suspension applications, as on the 850ABT (*page 10*). Must be used in conjunction with a full body harness.
- 854WB** - Replacement tool belt for 800 Series harness.
- VIZ** - Removable/cleanable class II ANSI hi-visibility vest sold separately as an accessory, or added to a harness as an option (*example: 650VIZ*). Ultra-cool mesh vest has zipper front, inside left chest 2-tier 4-division pencil pocket, & lower inside right patch pocket. Secures to harness with 4 velcro attachment points.
- ID** - Tracker Series ID chip built into harness webbing. The RFID Tracker chip, along with the PDA-SCAN Pocket PC & Scanner, enables you to keep digital records for inventory, inspections, OSHA records, and other pertinent information! Step into the technology age! (*More Tracker info on pages 5 & 16*)
- ID-RETRO** - Tracker Series ID chip built into a retro-fit pack that can be attached to all of your equipment, as shown. Other methods of retrofitting are available, please inquire. (*More Tracker info on pages 5 & 16*)
- PDA-SCAN** - Pocket PC with patented Tracker Series Scanner & software. (*More Tracker info on pages 5 & 16*)



The TRACKER

Offering a full line of 'Tracker Series' Products, including Harnesses, Lanyards, & other related safety equipment.



U-STEP



1418

1418-LOOP



400R

Lanyard Retainer



400SB

Sliding Buckle Cover



400BC

FR Buckle Covers



VIZ



VIZ (Back)



ID-RETRO

(Use it to 'track' your current equipment!)

U-STEP™

To help alleviate SUSPENSION TRAUMA!

Another tool in combating Suspension Trauma! Also check out the U-RES-Q, Self-Rescue Ladder/ Lanyard (*page 23*).

U-STEP - The U-STEP comes complete with two compact, lightweight 'packs' that easily attached to the sides (left & right) of a full body harness. In the event of a fall, a worker can pull the webbing from the 'packs', connect the locking clasps creating an adjustable loop that the suspended worker can step on to alleviate harness pressure, and reduce the risk of suspension trauma. Must be used in conjunction with a full body harness and a complete fall prevention/rescue program. Fits most harness sizes, styles, and brands.

Step into the technology age with a ground breaking,
 **RFID tracking unit** to assist with information,
inventory, inspections, and OSHA record keeping!

The **TRACKER**

2ND GENERATION

A FULL LINE OF 'TRACKER SERIES' PRODUCTS: HARNESSES, LANYARDS, & OTHER RELATED SAFETY EQUIPMENT - PATENTED



RFID system for tracking:

- Information • Inventory
- Inspections • OSHA Records

- NO internet connection required
- NO website connection required
- Self-monitoring info capabilities (no one else is handling your vital information)
- Unit is a FULLY FUNCTIONING hand held PC!
- Retro-fit any Harness, Lanyard, or other equipment (even tools) with RFID chips!

- ♦ Inspection Tracking
- ♦ Inventory Control
- ♦ Information Management

More **TRACKER** Product
info on pages 4 & 16!



Product No. ID



Product No. PDA-SCAN
(fully functioning HP IPAQ
with RFID Scanner Attachment &
'TRACKER' Software installed)

FCP's patented TRACKER technology was designed to simplify and maximize management capabilities for Construction Sites, Manufacturing Plants, Oil Rigs, and any other situation that demands permanent positive identification, tracking, and record keeping! The system will improve your companies ability to keep up-to-date records, compliance assurance, increased productivity, decreased theft, less down time during inspections, and more. The electronic paperless files can be imported into Word or Excel and emailed anywhere in the world! Get with the program, get with the FCP TRACKER!

because your life is on the line



500 series "lightweight" harnesses

maintenance & light duty

Standard features include:

- adjustable shoulder, chest, waist, and leg straps
- integral 1 3/4" waist belt
- sliding back D-ring (keeps fallen worker vertical in suspension)
- light weight, high strength synthetic webbing
- most options, accessories, & color choices available

♦♦ = Quick Ship Item

530 - Full body harness with mating buckle leg straps.

♦♦ **550** - Full body harness with grommet/tongue buckle leg straps, as shown.

550B - 550 with hip positioning D-rings.

570 - Full body harness with super-quick bayonet buckles on the chest and legs.



550



550 (Back)



650



650 (Back)



650B



600 series harnesses

great all-around series

Standard features include:

- adjustable shoulder, chest, and leg straps
- sub-pelvic strap for additional comfort and security
- sliding back D-ring (keeps fallen worker vertical in suspension)
- light weight, high strength synthetic webbing
- most options, accessories, & color choices available

630 - Full body harness with mating buckle leg straps.

630B - 630 with hip positioning D-rings.

650 - Full body harness with grommet/tongue buckle leg straps, as shown.

650B - 650 with hip positioning D-rings.

SIZE	XS	S	M	L	XL	XXL	XXXL
WAIST	28-36	32-40	36-44	40-48	44-52	48-56	52-60

Sizing chart for full body harnesses,
EXCEPT the 600 Lightweight Series.
(All FCP harnesses are rated to 400 lbs.)

600 series "lightweight" harnesses

great all-around, light-weight series

Standard features include:

- 3 point adjustment (chest and leg straps)
- sliding back D-ring (keeps fallen worker vertical in suspension)
- light weight, high strength synthetic webbing
- most options, accessories, & color choices available

Two universal sizes ONLY (S-M and M-XL)

♦♦ = Quick Ship Item

♦♦ **631** - Light weight full body harness with mating buckles, as shown.

♦♦ **631B** - 631 with hip positioning D-rings, as shown.

631D - 631 with shoulder D-rings.

♦♦ **651** - Light weight full body harness with grommet/tongue buckle leg straps, as shown.

651B - 651 with hip positioning D-rings.

651D - 651 with shoulder D-rings.

671 - Light weight full body harness (yellow) with super-quick bayonet chest and leg buckles.

671PR - Light weight full body harness (red) with super-quick bayonet chest and leg buckles, and a one piece comfort back & shoulder pad, as shown.



631



631B



651



651B



671PR



671PR (Back)



750D



750D (Back)

700 series harnesses

highly versatile series

Standard features include:

- use in maintenance, light construction, industrial applications, & confined space entry
- adjustable shoulder, chest, waist, and leg straps
- sliding back D-ring (keeps fallen worker vertical in suspension)
- light weight, high strength synthetic webbing
- most options, accessories, & color choices available

730 - Full body harness with mating buckle leg straps.

750 - Full body harness with grommet/tongue buckle leg straps.

750B - 750 with hip positioning D-rings.

750D - 750 with shoulder D-rings, as shown.

770 - Full body harness with super-quick bayonet buckles on the chest and legs.

750TS - 750 with front D-ring on belt for vertical climbing systems.

SIZE	XS	S	M	L	XL	XXL	XXXL
WAIST	28-36	32-40	36-44	40-48	44-52	48-56	52-60

SIZING CHART FOR FULL BODY HARNESSES
EXCEPT THE 600 LIGHTWEIGHT SERIES
(All FCP harnesses are rated to 400 lbs.)



800 series harnesses

Industrial & construction series

Standard features include:

- use in industrial and construction environments
- adjustable shoulder, chest, waist, and leg straps
- sliding back D-ring (keeps fallen worker vertical in suspension)
- removable tool belt, shoulder pads, & 6" body/back pad
- light weight, high strength synthetic webbing
- most options, accessories, & color choices available

♦♦ = Quick Ship Item

830 - Full body harness with mating buckle leg straps, 6" back pad, removable tool belt.

830AB - 830 with shoulder pads and hip positioning D-rings.

850 - Full body harness with grommet/tongue buckle leg straps, 6" back pad, & removable tool belt.

850A - 850 with shoulder pads.

850B - 850 with hip positioning D-rings.

♦♦ **850AB** - 850 with shoulder pads and hip positioning D-rings, as shown.

870 - Full body harness with super-quick bayonet chest and leg buckles, 6" back pad, removable tool belt.

870AB - 870 with shoulder pads and hip positioning D-rings.

870BP - 870 with one piece comfort back & shoulder pad and hip positioning D-rings, as shown.

872 - Female full body harness designed to be form fitting specifically for women. Super-quick bayonet buckles on chest, waist, & legs, 4" comfort back pad, leg pads, and adjustable shoulder straps, as shown.

872B - 872 with hip positioning D-rings.

872AB - 872 with shoulder pads and hip positioning D-rings.

SIZE	XS	S	M	L	XL	XXL	XXXL
WAIST	28-36	32-40	36-44	40-48	44-52	48-56	52-60

SIZING CHART FOR FULL BODY HARNESSES

(All FCP harnesses are rated to 400 lbs.)

ALL
FrenchCreek
Harnesses are rated to
a combined weight of
400 lbs.



850AB



850AB (Back)



870BP (Back)



870BP



872



872 (Back)





853AB



853AB (Back)



800PS

800 Series with Sub-pelvic Strap:

833 - Full body harness with mating buckle leg straps, 6" back pad, sub-pelvic strap, removable tool belt.

853 - Full body harness with grommet/tongue buckle leg straps, 6" back pad, removable tool belt, sub-pelvic strap.

853A - 853 with shoulder pads.

853B - 853 with hip positioning D-rings.

853AB - 853 with shoulder pads and hip positioning D-rings, as shown.

800 Series Option:

800PS - Removable saddle for comfort, positioning and suspension applications, as on the 850ABT (page 10). Must be used in conjunction with a full body harness.





800 series harnesses

tower climber series

Standard features include:

- all the necessities a tower climber would want or need
- adjustable shoulder, chest, waist, and leg straps
- sliding back D-ring (keeps fallen worker vertical in suspension)
- removable tool belt, shoulder pads, & 6" body/back pad
- light weight, high strength synthetic webbing
- most options, accessories, & color choices available

♦♦ = Quick Ship Item

850ABT - 850 (page 8) with shoulder pads, one accessory ring, two accessory snaps, hip positioning D-rings, and two D-rings on a removable positioning saddle for comfort, positioning and suspension applications.

850ABTH - 850ABT with front chest D-ring.

♦♦ **850B-TS** - 850 (page 8) with 6" back pad, hip positioning D-rings, and front center D-ring on waist belt for vertical climbing systems, as shown. Harness is a quick Ship Item in sizes: M & L.

887PBT - Full body harness with grommet/tongue buckle leg straps, one piece comfort back/shoulder pad, 6" Back Pad, removable tool belt, two accessory rings, fixed rigid positioning saddle, adjustable front center chest D-ring, and hip positioning rings, as shown.

897ABT - Full body harness with grommet/tongue buckle leg straps, 6" Back Pad, one accessory ring, two accessory snaps, removable tool belt, removable positioning saddle, adjustable front center chest D-ring, shoulder pads, and hip positioning rings, as shown.

8D150ABT - FCP's Derrick harness is designed for the oil industry and/or the worker who operates on the monkey board. Harness can be worn with or without the removable derrick belt (attaches with mating buckles), and features a 6" comfort waist belt with back D-ring and hip D-rings for positioning, seat sling with D-rings for positioning and to help reduce fatigue, shoulder pads for added comfort, and tongue buckle leg straps for easy donning, as shown.

SIZE	XS	S	M	L	XL	XXL	XXXL
WAIST	28-36	32-40	36-44	40-48	44-52	48-56	52-60

SIZING CHART FOR FULL BODY HARNESSES
(All FCP harnesses are rated to 400 lbs.)



850ABT (Back)



850ABT



850B-TS



850B-TS Front D-ring
(Connected)



8D150ABT
with Derrick
Belt Removed



8D150ABT



887PBT



887PBT (Back)



897ABT



897ABT (Back)

ALL
FrenchCreek
Harnesses are rated to
a combined weight of
400 lbs.



900 series harnesses

crossover series

Standard features include:

- front crossover style for use in a multitude of applications
- adjustable shoulder and leg straps
- chest D-ring for positioning, suspension, and rescue
- light weight, high strength synthetic webbing
- most options, accessories, & color choices available

930 - Full body harness with back D-ring, chest D-ring, adjustable shoulder straps, and mating buckle leg straps, as shown.

930B - 930 with hip positioning D-rings.

950 - Full body harness with back D-ring, chest D-ring, adjustable shoulder straps, and grommet/tongue buckle leg straps.

950B - 950 with hip positioning D-rings.



552



552 (Back)
Shows reflective material in dark



631LJ



631LJ (Back)



930 (Back)



930



specialty series harnesses

specialty series

In many situations, a specialty harness may be necessary for assured safety. These harnesses have a sliding D-ring in the center of the back (keeps worker vertical in suspension), and so much more! Keep in mind that we can customize our designs to suit the specific needs of your job.

552 - Miner's Harness with lamp and battery straps, dual lanyard rings on each shoulder, radio loops, and 152" of reflective material for high visibility, as shown. Sizes: S,M,L,XL.

631LJ - 631 (page 7) with built in life jacket, as shown. Life jacket comes in universal size: S-XXL



SIZE	XS	S	M	L	XL	XXL	XXXL
WAIST	28-36	32-40	36-44	40-48	44-52	48-56	52-60

SIZING CHART FOR FULL BODY HARNESSES

(All FCP harnesses are rated to 400 lbs.)

welding series harnesses & lanyards

welding series

Look no further than FrenchCreek for the best in Welding Harnesses and Lanyards! The following products are standard items in the welding line, but since FCP is a Custom Manufacturer, we can make ANY style harness or lanyard out of heat & flame resistant Kevlar® webbing! (Kevlar® webbing is available in Black only) Standard harness sizing applies.

Welding Harnesses:

530-HOT - 530 (page 6) with heat & flame resistant Kevlar® webbing.

530B-HOT - 530-HOT with hip positioning D-rings.

631-HOT - 631 (page 7) with heat & flame resistant Kevlar® webbing, as shown.

631B-HOT - 631-HOT w/ hip positioning D-rings.

Welding Harness Accessories:

400SC-FR - Retrofit flame resistant shoulder & chest strap covers, as shown. Will fit most harnesses and are wide enough to cover shoulder pads. (harness not included)

Welding Lanyards:

480AK - 480A (page 20) with heat resistant Kevlar® Shock Absorber.

490AK - 490A (page 17) with heat resistant Kevlar® webbing.



530-HOT



631-HOT



400SC-FR
(harness not included)



480AK



490AK



630UT (Back)



630UT



631KUT



631KUT (Back)

utility series harnesses & lanyards

utility industry series

FCP offers some great Harnesses and Lanyards for use in the Utility Industry! The following products are standard items in the Utility line, but since FCP is a Custom Manufacturer, we can make ANY style harness or lanyard suit your needs! Standard harness sizing applies.

Utility Harnesses:

630UT - Utility Harness with no metal above the waist, buckle insulators, and sliding back web loop, as shown.

631KUT - Arc Flash Harness made of heat and flame resistant Kevlar® webbing, featuring a die electric sliding back D-ring (black), along with flame resistant buckle covers, as shown. (Kevlar® webbing is available in Black only)

Utility Lanyards:

347AS-135A - 6' dual leg (100% tie-off), elastic shock absorbing web lanyard w/pack, web loop on shock pack end to choke to attachment point on harness, #135A aluminum snaps (2 1/2" opening) other ends, as shown.

355AZ - 355A Lanyard (page 17) with a 'Z SERIES' compatible snap hook (page 26), as shown.



347AS-135A



355AZ



4000 series tree saddles

arborist series

The 4000 Series offers only the best in Tree Saddles. These saddles are for arborists only! **FCP does not approve Tree Saddles to be used as Standard Fall Protection.**

- 4000** - Tree Saddle with 5" body pad and hip D-rings, padded lower positioning strap with D-rings, removable tool belt, no leg straps, as shown.
- 4050** - 4000 with grommet/tongue buckle leg straps, as shown.
- 4051** - Tree Saddle with 5" body pad, padded lower positioning strap with D-rings, removable tool belt, and grommet/tongue buckle leg straps.
- 4052** - Tree Saddle with 5" body pad, padded lower positioning strap with D-rings, non-removable tool belt, and grommet/tongue buckle leg straps.
- 4055** - Tree Saddle with 5" body pad, hip D-rings, removable tool belt, floating front D-ring, and grommet/tongue buckle leg straps, as shown.

SIZE	XS	S	M	L	XL	XXL	XXXL
WAIST	28-36	32-40	36-44	40-48	44-52	48-56	52-60

SIZING CHART FOR SADDLES & WORK SEATS
(All FCP harnesses, saddles, and seats are rated to 400 lbs.)



4000

4000 (Back)



4055 (Back)

4055



4050



4050 (Back)

4000 WORK SEATS SERIES

WORK SEAT SERIES

4000 series work seats

work seat series

Other options are also available, such as the 800PS, 850AB, 850ABT, 850ABTH, 897ABT full body harnesses on pages 8, 9, 10 & 11. ♦♦ = Quick Ship Item

♦♦ **4151** - Deluxe work seat, 21"x16", built-in harness with spreader bar and yoke, as shown.

4153 - Deluxe work seat, 21"x16" (does not include harness), must be used in conjunction with a full body harness, as shown.

♦♦ **4154** - Work seat, 12"x24", built-in harness with spreader bar and yoke, as shown.

4754 - Work Seat 12"x24", built-in harness with tongue buckle leg straps and removable waist belt.

SIZE	XS	S	M	L	XL	XXL	XXXL
WAIST	28-36	32-40	36-44	40-48	44-52	48-56	52-60

SIZING CHART FOR SADDLES & WORK SEATS
(All FCP harnesses, saddles, and seats are rated to 400 lbs.)



4151 (Back)

4151

ALL
FrenchCreek
Work Seats are rated to
a combined weight of
400 lbs.



4153



4154



4754

harness combo's & kits

FCP offers a wide variety of harness/lanyard combinations and ready-to-go job specific kits. We can combine any harness and lanyard (including extended free fall lanyards) with a bag or pouch that will suit your specific needs. Please inquire for further details or to create your own custom kit. ♦♦ = Quick Ship Item

One-piece Harness/Lanyard Combos:

FCP Harness/Lanyard Combos feature lanyards that are stitched directly to the harness, eliminating the need for connecting hardware! With too many possibilities to list, please contact us for specific recommendations, or for numerous options available.

Compliance Kit:

- ♦♦ **631-KIT** - FCP's ready-to-go compliance kit featuring a 631 full body harness (page 7) sizes M-XL, 490A lanyard (page 17), 208Z bag (page 44), as shown.



SELF
RESCUE
LADDER!



R-RETRO
(Use it inline with your current lanyard!)



ID-RETRO
(Use it to 'track' your current equipment!)



PDA-SCAN

lanyard options & accessories

FrenchCreek offers many available options when ordering lanyards: from custom lengths to a wide variety of snap hooks. We also offer the following options/accessories to keep you safe, give you peace of mind, and facilitate all of your on-the-job duties!

- Choke-Loop** - Two options are available for shock absorbing lanyards to Choke to a harness back D-ring. Please inquire for more information or specific part #'s.
- ① Pack-style with looped end, as shown.
 - ② Internal shock absorber with looped end, as shown.
- 353** - Shock absorber with D-ring one end, snap on the other end, as shown.
- DT** - All 'pack-style' lanyards can be made for extended free-fall by adding DT to the end of the part #.
- EXT** - Additional D-ring added to the lanyard providing a secondary in-line attachment point for an SRL or other connecting device, as shown. Add 'EXT' to any lanyard part #.
- R** - The U-RES-Q Ladder Pouch can be placed on many lanyards by adding R to the end of the part #. Please inquire for specific possibilities.
- R-RETRO** - U-RES-Q Pouch containing 16' auto-ejecting ladder. Use in-line with lanyard and anchor point, providing means for self-rescue, or stand on the ladder to relieve harness tension! #74N locking snap on one end, D-ring on the other end. (More info on page 23)
- ID** - Tracker Series ID chip built into lanyard webbing, as shown. The RFID Tracker chip, along with the PDA-SCAN Pocket PC & Scanner, enables you to keep digital records for inventory, inspections, OSHA records, and other pertinent information! Step into the technology age! (More Tracker info on pages 4 & 5)
- ID-RETRO** - Tracker Series ID chip built into a retro-fit pack that can be attached to all of your equipment, as shown. Other methods of retrofitting are available, please inquire. (More Tracker info on pages 4 & 5)
- PDA-SCAN** - Pocket PC with patented Tracker Series Scanner & software, as shown. (More Tracker info on pages 4 & 5)



The TRACKER

Offering a full line of 'Tracker Series' Products, including Harnesses, Lanyards, & other related safety equipment.

shock absorbing lanyards

web pack-style

FrenchCreek shock absorbing web lanyards are extremely versatile. They are constructed of rugged, durable, high quality 1" synthetic webbing. The shock absorbing device comes in the form of a pack on one end of the lanyard that attaches to the back D-ring on a full body harness. Please inquire about snap hook combinations that may not be listed or pictured, or for lengths other than the standard 6'. To order **"Z SERIES"** (ANSI Z359.1-2007) compatible products, simply add a 'Z' to the end of the product # in which you are ordering. ** = Quick Ship Item

- 355A** - #74N locking snap at one end, loop on the shock pack end to choke to harness.
- ** **450A** - #74N locking snaps at each end, as shown.
- 457A-135A** - #74N locking snap one end, #135A aluminum snap (2 1/2" opening) other end.
- 450AD** - #74N locking snaps at each end, and an adjustable D-ring for tying back to lanyard.
- 452A** - #74N locking snap one end, #69 snap (1 3/4" opening) other end.
- 452AN** - #74N locking snap one end, #69N snap (1 3/4" opening) other end.
- 454A** - #74N locking snap one end, #136 snap (2 1/4" opening) other end.
- 457A** - #74N locking snap one end, #135 snap (2 1/2" opening) other end.
- ** **490A** - Heavy duty 1 3/4" synthetic webbing, #74N locking snaps each end, as shown.
- 490AK** - Heat & flame resistant Kevlar® lanyard w/ Kevlar® pack, #74N locking snaps each end. (shown on page 13)



shock absorbing lanyards

adjustable web pack-style

Adjustable lanyards allow workers to shorten the length of the lanyard to decrease free-fall distances. Standard length is 6', but other lengths are available. To order **"Z SERIES"** (ANSI Z359.1-2007) compatible products, simply add a 'Z' to the end of the product # in which you are ordering.

- 450AB** - #74N locking snaps at each end, as shown.
- 452AB** - #69 snap (1 3/4" opening) other end.
- 452ABN** - #69N snap (1 3/4" opening) other end.
- 454AB** - #74N locking snap one end, #136 snap (2 1/4" opening) other end.
- 457AB** - #74N locking snap one end, #135 snap (2 1/2" opening) other end.
- 457AB-135A** - #74N locking snap one end, #135A aluminum snap (2 1/2" opening) other end.

shock absorbing lanyards

elastic pack-style

FrenchCreek elastic shock absorbing lanyards are constructed of 1 3/16" high strength synthetic webbing. They stretch to 6' yet contract to 4 1/2', minimizing snagging and tripping hazards. Please inquire for lengths other than the standard 6'. To order **"Z SERIES"** compatible products, simply add a 'Z' to the end of the product # you are ordering. ** = Quick Ship Item

- ** **450AS** - #74N locking snaps at each end, as shown.
- 457AS-135A** - #74N locking snap one end, #135A aluminum snap (2 1/2" opening) other end.
- 452AS** - #74N locking snap one end, #69 snap (1 3/4" opening) other end.
- 452ASN** - #74N locking snap one end, #69N snap (1 3/4" opening) other end.
- 454AS** - #74N locking snap one end, #136 snap (2 1/4" opening) other end, as shown.
- 457AS** - #74N locking snap one end, #135 snap (2 1/2" opening) other end.



lanyard snap hook options



* more snap hooks, carabiners, & descriptions on page 26 & 27

shock absorbing lanyards

rope pack-style

Shock absorbing lanyards made of high-strength 1/2" 3-strand polyblend rope, with a shock absorbing pack. Please inquire for lengths other than the standard 6'. To order **"Z SERIES"** compatible products, simply add a 'Z' to the end of the product # you are ordering.

- 400A** - #74N locking snaps at each end, as shown.
- 400AB** - Adjustable length, #74N locking snaps at each end.
- 402A** - #74N locking snap one end, #69 snap (1 3/4" opening) other end.
- 404A** - #74N locking snap one end, #136 snap (2 1/4" opening) other end.



shock absorbing lanyards

wire rope pack-style

Shock absorbing lanyards made of high-strength vinyl coated wire rope, for applications that require the ruggedness of steel. Please inquire for lengths other than the standard 6'. To order **"Z SERIES"** compatible products, simply add a 'Z' to the end of the product # you are ordering.

- 470A** - #74N locking snaps at each end, as shown.
- 470AK** - Heat resistant Kevlar® pack, #74N locking snaps at each end.
- 472A** - #74N locking snap one end, #69 snap (1 3/4" opening) other end.
- 474A** - #74N locking snap one end, #136 snap (2 1/4" opening) other end, as shown.

shock absorbing lanyards

tubular

Shock absorbing web lanyards manufactured of high strength tubular webbing and a shock absorbing core. A shock absorbing 'pack' is not necessary with these lanyards. Lengths are available from 4' to 10'. To order **"Z SERIES"** compatible products, simply add a 'Z' to the end of the product # you are ordering. ** = Quick Ship Item

- ** 460A** - #74N locking snaps at each end, as shown.
- 462A** - #74N locking snap one end, #69 snap (1 3/4" opening) other end.
- 462AN** - #74N locking snap one end, #69N snap (1 3/4" opening) other end.
- 464A** - #74N locking snap one end, #136 snap (2 1/4" opening) other end, as shown.
- 467A** - #74N locking snap one end, #135 snap (2 1/2" opening) other end.
- 467A-135A** - #74N locking snap one end, #135A aluminum snap (2 1/2" opening) other end.
- 461A-TE** - #74N locking snap one end, twisted eye (loop for choking to attachment point on harness) other end, as shown.
- 462A-TE** - #69N snap (1 3/4" opening) one end, twisted eye (loop for choking to attachment point on harness) other end.
- 464A-TE** - #136 snap (2 1/4" opening) one end, twisted eye (loop for choking to attachment point on harness) other end.



lanyard snap hook options



* more snap hooks, carabiners, & descriptions on page 26 & 27

shock absorbing lanyards

elastic tubular

These shock absorbing lanyards are made of strong 2" wide tubular webbing with built in elasticity for safety contraction! This technology allows the lanyard to stretch to 6', yet contract to 4 1/2', minimizing snagging and tripping hazards. To order **"Z SERIES"** compatible products, simply add a 'Z' to the end of the product # you are ordering.

460AS - #74N locking snaps at each end, as shown.

462AS - #74N locking snap one end, #69 snap (1 3/4" opening) other end.

462ASN - #74N locking snap one end, #69N snap (1 3/4" opening) other end.

464AS - #74N locking snap one end, #136 snap (2 1/4" opening) other end.

467AS - #74N locking snap one end, #135 snap (2 1/2" opening) other end.



Dual Leg - when mobility & safety are equally important!

- ◆ FrenchCreek dual leg lanyards allow you to remain tied off at all times (100% tie-off) while in transition to other locations or positions.
- ◆ We offer a diverse line of dual leg shock absorbing lanyards constructed of rope, wire rope, webbing, tubular webbing, and elastic webbing. With many different styles, options, and lengths available, you can choose the lanyard combination that is right for you and the needs of your job!

Because your life is on the line!



shock absorbing lanyards

dual leg web pack style, 100% tie-off

When mobility and safety are equally important, FrenchCreek dual leg 'pack' style web lanyards allow you to remain tied off at all times (100% tie-off) while in transition to other locations or positions. For example, when both snaps are connected to an anchor point, simply move one connection to a new anchor, then once it's connected, advance the second snap from the previous anchor to the new one. This will ensure that you are always tied off, 100% of the time! To order **"Z SERIES"** compatible products, simply add a 'Z' to the end of the product # you are ordering. ♦♦ = Quick Ship Item

♦♦ **440A** - #74N locking snaps on every end, as shown.

442A - #74N locking snap one end, #69 snap (1 3/4" opening) other two ends.

442AN - #74N locking snap one end, #69N snap (1 3/4" opening) other two ends.

♦♦ **444A** - #74N locking snap one end, #136 snap (2 1/4" opening) other two ends, as shown.

447A - #74N locking snap one end, #135 snap (2 1/2" opening) other two ends.

447A-135A - #74N locking snap one end, #135A aluminum snap (2 1/2" opening) other two ends.

♦♦ **440ADD** - #74N locking snaps on every end, sliding D-rings on each leg for tying back to lanyard, as shown.

490A-DL - 1 3/4" shock absorbing web lanyard w/pack, #74N locking snaps on every end.

lanyard snap hook options



* more snap hooks, carabiners, & descriptions on page 26 & 27

shock absorbing lanyards

adjustable dual leg web pack style, 100% tie-off

FrenchCreek dual leg (100% tie-off) 'pack' style adjustable lanyards allow workers to remain tied off while in transition or during repositioning. Allows worker the ability to shorten the length of the lanyard to decrease free-fall distances. Standard length is 6', but other lengths are available. To order **"Z SERIES"** compatible products, simply add a 'Z' to the end of the product # you are ordering.

440AB - #74N locking snaps on every end, as shown.

442AB - #74N locking snap one end, #69 snap (1 3/4" opening) other two ends.

442ABN - #74N locking snap one end, #69N snap (1 3/4" opening) other two ends.

444AB - #74N locking snap one end, #136 snap (2 1/4" opening) other two ends.

447AB - #74N locking snap one end, #135 snap (2 1/2" opening) other two ends.



shock absorbing lanyards

dual leg elastic pack style, 100% tie-off

FrenchCreek dual leg (100% tie-off) elastic shock absorbing lanyards are constructed of 1 3/16" high strength synthetic webbing. They stretch to 6' yet contract to 4 1/2', minimizing snagging and tripping hazards. Please inquire for lengths other than the standard 6'. To order **"Z SERIES"** compatible products, simply add a 'Z' to the end of the product # you are ordering. ** = Quick Ship Item

** **440AS** - #74N locking snaps at each end, as shown.

447AS-135A - #74N locking snap one end, #135A aluminum snap (2 1/2" opening) other two ends.

442AS - #74N locking snap one end, #69 snap (1 3/4" opening) other two ends.

442ASN - #74N locking snap one end, #69N snap (1 3/4" opening) other two ends.

** **444AS** - #74N locking snap one end, #136 snap (2 1/4" opening) other two ends.

447AS - #74N locking snap one end, #135 snap (2 1/2" opening) other two ends.



shock absorbing lanyards

dual leg rope & wire rope pack style, 100% tie-off

These dual leg (100% tie-off), pack-style shock absorbing lanyards are constructed of either high-strength 3-strand 1/2" polyblend rope or vinyl coated wire rope. Please inquire for lengths other than the standard 6'. To order **"Z SERIES"** compatible products, simply add a 'Z' to the end of the product # you are ordering.

Rope:

430A - #74N locking snaps on every end, as shown.

432AN - #74N locking snap one end, #69N snap (1 3/4" opening) other two ends.

434A - #74N locking snap one end, #136 snap (2 1/4" opening) other two ends.

Wire Rope:

480A - #74N locking snaps on every end, as shown.

482AN - #74N locking snap one end, #69N snap (1 3/4" opening) other two ends.

484A - #74N locking snap one end, #136 snap (2 1/4" opening) other two ends.



lanyard snap hook options



* more snap hooks, carabiners, & descriptions on page 26 & 27

shock absorbing lanyards

dual leg tubular, 100% tie-off

Manufactured of high strength tubular webbing, with a shock absorbing core, these dual leg lanyards (100% tie-off) reduce fall arrest forces to under 900 lbs. A shock absorbing 'pack' is not necessary. Lengths are available from 4' to 10'. To order **"Z SERIES"** compatible products, simply add a 'Z' to the end of the product # you are ordering.

420A - #74N locking snaps on every end, as shown.

422A - #74N locking snap one end, #69 snap (1 3/4" opening) other two ends.

422AN - #74N locking snap one end, #69N snap (1 3/4" opening) other two ends.

424A - #74N locking snap one end, #136 snap (2 1/4" opening) other two ends.



shock absorbing lanyards

dual leg elastic tubular, 100% tie-off

Manufactured of high strength elastic tubular webbing, with a shock absorbing core, these dual leg (100% tie-off) lanyards stretch to 6' yet contract to 4 1/2', minimizing snagging and tripping hazards. A shock absorbing 'pack' is not necessary with these lanyards. Please inquire for lengths other than the standard 6'. To order **"Z SERIES"** compatible products, simply add a 'Z' to the end of the product # you are ordering.

420AS - #74N locking snaps on every end, as shown.

424AS-135A - #74N locking snap on one end, #135A aluminum snap (2 1/2" opening) other end.

422AS - #74N locking snap one end, #69 snap (1 3/4" opening) other two ends.

422ASN - #74N locking snap one end, #69N snap (1 3/4" opening) other two ends.

424AS - #74N locking snap one end, #136 snap (2 1/4" opening) other two ends.

424AS-EXT - 424AS lanyard featuring an added D-ring for applications that call for an additional connection or SRL connection, while the lanyard remains attached to the back D-ring.



non-shock absorbing lanyards

rope, wire rope, & web restraint lanyards

Non-shock absorbing lanyards are for positioning and restraint systems only! They are specifically used to limit the range of mobility, ensuring that the worker can not access an area where a fall could occur. These lanyards are constructed of high strength 3-strand 1/2" rope, vinyl coated wire rope, or synthetic webbing. To order **"Z SERIES"** compatible products, simply add a 'Z' to the end of the product # you are ordering.

400 - rope lanyard with #74N locking snaps at each end, as shown.

402 - rope lanyard with #74N locking snap one end, #69 snap (1 3/4" opening) other end.

404 - rope lanyard with #74N locking snap one end, #136 snap (2 1/4" opening) other end.

450 - web lanyard with #74N locking snaps at each end, as shown.

450B - adjustable length web lanyard with #74N locking snaps at each end.

452 - web lanyard with #74N locking snap one end, #69 snap (1 3/4" opening) other end.

470 - vinyl coated wire rope lanyard with #74N locking snaps at each end, as shown.



lanyard snap hook options



* more snap hooks, carabiners, & descriptions on page 26 & 27

'lanchor' lanyards

tie-back lanyard & anchor all in one

If you need a tie-off strap and a lanyard all in one, then the Lanchor is what you are looking for! All FCP tie-back lanyards have DOUBLE-TUFF webbing with wear indicating color contrasts. If you ever see the second internal layer, immediately remove the lanyard from service! Please inquire for lengths other than the standard 6'. ** = Quick Ship Item

456AW - #74N locking snap one end, #63 (5K, 3.6K gate) auto-locking snap other end, as shown.

456AW-EXT - 456AW Lanchor lanyard featuring an added D-ring for applications that call for an additional connection or SRL connection, while the lanyard remains attached to the back D-ring (view lanyard options 'EXT' on page 16).

**** 446AW** - dual leg (100% tie-off), #74N locking snap one end, #63 (5K, 3.6K gate) auto-locking snaps other two ends, as shown.



color contrasting double-tuff webbing



lanyard snap hook options



* more snap hooks, carabiners, & descriptions on page 26 & 27

why choose FCP lanyards?

- ◆ Most FrenchCreek Production shock absorbing lanyards are six feet in length as a standard. This makes a great measuring stick for workers, limiting free-fall distances to regulations of six feet or less (6' free-fall rule). Most lanyards can be modified for varying lengths and applications, if needed.
- ◆ FCP shock absorbing lanyards are made with pride in the U.S.A., and are comprised of nothing but the toughest materials. With tensile strengths from 5,500 to 10,000 lbs, they are rated far beyond OSHA and ANSI requirements!
- ◆ Many different styles, options, and lengths are available, offering literally thousands of combinations to choose from. Choose the lanyard combination that is right for you and the needs of your job!
- ◆ FCP consultation experts are available for inquiries, and can make recommendations concerning the proper lanyard combination. They can also inform you of other lanyard combinations that may not be listed or pictured, but the consultations do not stop at lanyards alone! If you have a question concerning any FCP product, please feel free to call our toll free #: 1-877-228-9327.
- ◆ We design, test, and manufacture every product as if it has to save a life, because it does! Our commitment to quality has led to practical solutions that puts your safety first. FrenchCreek products meet or exceed all applicable fall-protection standards in the U.S.A., including OSHA Subpart M, ANSI A10.14, and ANSI Z359.1.

because your life is on the line!



Suspension Trauma is a REAL condition that can occur when a worker is suspended, even for a short amount of time. The U-RES-Q can relieve 100% of the harness tension!

The U-RES-Q™

A FULL LINE OF U-RES-Q PRODUCTS, INCLUDING A RETRO-FIT PACK FOR YOUR CURRENT LANYARD - PATENT PENDING



AUTO-EJECTING WEB LADDER!



R444A



R450A



R460A



R490A



R-RETRO
(Use it with your current lanyard!)

SELF RESCUE!

Please inquire for more lanyards offering the U-RES-Q that may not be listed or shown.

- ♦ **R444A** - 6' dual leg (100% tie-off) shock absorbing web lanyard with #74N locking snap one end, #136 snaps (2 1/2" opening), and U-RES-Q pouches (2 total) other two ends.
- ♦ **R450A** - 6' shock absorbing web lanyard w/ pack, #74N locking snaps at each end, U-RES-Q built in, as shown.
- ♦ **R460A** - 6' tubular shock absorbing web lanyard with #74N locking snaps at each end, U-RES-Q built in, as shown.
- ♦ **R460AT** - Same as R460A, with tether connecting U-RES-Q ladder to harness connector.
- ♦ **R490A** - 6' x 1 3/4" shock absorbing web lanyard w/ pack, #74N locking snaps at each end, U-RES-Q built in, as shown.
- ♦ **R-RETRO** - Retro fit any lanyard with this U-RES-Q pouch, #74 locking snap one end, D-ring other end, as shown. Use in-line with lanyard & anchor point.



The U-RES-Q is available as an option to many FrenchCreek shock absorbing lanyards. A standard shock absorbing lanyard may save you in the event of a fall, but remaining suspended after the fall is another problem all together. It is common knowledge in the fall protection industry that every minute in suspension, after a fall, is extremely crucial! If even the slightest of falls should happen to occur, the light-weight pouch releases into rescue mode by automatically ejecting a high strength, 16' synthetic rescue ladder! At that point the worker can climb back to the work platform, or simply stand on the ladder to relieve pressure, increase blood flow, and ensure enough time for emergency response. The U-RES-Q is the most reliable, most secure product in alleviating Suspension Trauma. It relieves the leg harness tension caused by suspension, & is an option you can't afford to be without! The U-RES-Q is to be used in conjunction with a full body harness and a complete fall prevention/rescue program. It is also available as an 'add-on' option that can be utilized in-line with any standard shock absorbing lanyard and anchor point. To order "Z SERIES" compatible products (that meet ANSI Z359.1-2007) simply add a 'Z' to the end of the product # in which you are ordering.

the cure for suspension trauma

rebar assemblies

positioning & restraint systems

These FrenchCreek positioning and restraint lanyards are used in situations to limit free fall distances to 2' or less. They quickly connect directly to rebar and other construction forms and structures. Choose between chain or webbing, non-swivel and swivel. To order "**Z SERIES**" compatible products, simply add a 'Z' to the end of the product # in which you are ordering.

♦♦ = Quick Ship Item

***NOTE: We can customize any assembly to your needs & specific applications. Please inquire.**

322-W - Web positioning assembly, #69 (1 3/4" opening) snap, no swivel, and two #74N locking snaps.

322-WS - Web positioning assembly, #69 (1 3/4" opening) snap, swivel, and two #74N locking snaps.

324-C - Chain positioning assembly, 12 links, #136 (2 1/4" opening) snap, no swivel, and two #74N locking snaps, as shown.

♦♦ **324-CS** - Chain positioning assembly, 12 links, #136 (2 1/4" opening) snap, swivel, and two #74N locking snaps, as shown.

324-W - Web positioning assembly, #136 (2 1/4" opening) snap, no swivel, and two #74N locking snaps, as shown.

324-WS - Web positioning assembly, #136 (2 1/4" opening) snap, swivel, and two #74N locking snaps.

327-C - Chain positioning assembly, 12 links, #135 (2 1/2" opening) snap, no swivel, and two #74N locking snaps, as shown.

327-CS - Chain positioning assembly, 12 links, #135 (2 1/2" opening) snap, swivel, and two #74N locking snaps, as shown.

327-W - Web positioning assembly, #135 (2 1/2" opening) snap, no swivel, and two #74N locking snaps.



Chain positioning assembly in use.



324-C



324-CS



327-C



327-CS



324-W

self retracting lifelines

Retractable lifelines provide extreme durability with high mobility! These units offer an extended range of movement, zero slack to eliminate tripping hazards, and a centrifugal braking system that engages at the slightest of falls! ** = Quick Ship Item

- ** 459 - 8' retractable web lanyard. A carabiner is included with every unit for anchorage attachment, as shown.

RL25A Series: Durable, lightweight, cast aluminum housing featuring a dual internal inertia braking system, external deceleration pack for ease of inspection, #354-2 carabiner for anchoring, and choice of lifeline material.

- ** RL25AG - 25' of galvanized wire rope, as shown.
 RL25AS - 25' of stainless steel wire rope.
 RL25AT - 25' of Technora® synthetic rope.

RL30 / RL50 Series: Super-strong cast aluminum housing featuring a dual internal inertia braking system, internal deceleration braking system, swivel impact indicating snap hook, #354-4 carabiner for anchoring, and choice of lifeline material.

- RL30G - 30' of galvanized wire rope, as shown.
 RL30SS - 30' of stainless steel wire rope.
 RL30T - 30' of Technora® synthetic rope.

- ** RL50G - 50' of galvanized wire rope, as shown.
 RL50SS - 50' of stainless steel wire rope.
 RL50T - 50' of Technora® synthetic rope.

RL100 Series: Super-strong cast aluminum housing featuring a dual internal inertia braking system, internal deceleration braking system, swivel impact indicating snap hook, #354-4 carabiner for anchoring, and choice of lifeline material.

- RL100G - 100' of galvanized wire rope, as shown.
 RL100SS - 100' of stainless steel wire rope.
 RL100T - 100' of Technora® synthetic rope.

Safety always comes first!

FCP's self retracting lifelines are engineered to provide extreme durability, reliability, & the performance necessary for any work environment. In the event of a fall, FCP's SRL's are designed to lock up within 24", reducing impact forces on your body. We also provide REPAIRS & RECERTIFICATION on our mechanical units, providing a tremendously long service life. Because your life is on the line!



459



RL25AG

WE ALSO
 PROVIDE REPAIRS
 & RECERTIFICATION!



RL30G
 &
 RL50G



RL100G

AVAILABLE IN
"Z SERIES"
 To meet ANSI Z359.1-2007
 Add a 'Z' to the product #

TECHNICAL SPECIFICATIONS					
MODEL #	459	RL25AG	RL30G	RL50G	RL100G
Working Length, feet	8'	25'	30'	50'	100'
Work Load Capacity, lbs.	400 lbs	310 lbs	310 lbs	310 lbs	310 lbs
Housing Material	Synthetic	Cast Aluminum	Cast Aluminum	Cast Aluminum	Cast Aluminum
Housing Size (w,h,d)	4"x3"x4"	7"x8"x4"	9"x14"x5"	9"x14"x5"	20"x13"x6"
Total Weight, lbs.	2.4 lbs	10.5 lbs	18 lbs	20 lbs	38 lbs
Arrest Force, lbs.	900 lbs	900 lbs	900 lbs	900 lbs	900 lbs

snap hooks & carabiners

steel

FrenchCreek offers an extensive supply of top quality one-handed operational, self-closing, auto-locking snap hooks & carabiners. Steel hardware is plated to meet all regulation requirements, & **"Z SERIES"** hardware meets the new 2007 ANSI Z359.1 standards. All products or product categories in this catalog that meet or can meet (with the proper snap hook) the ANSI Z359.1-2007 Standard will be tagged with the **"Z SERIES"** logo.

(More "Z SERIES" info can be found on page 27)



274

- Steel
- Twin 3/4" gate
- Locking spreader snap



RL-28

- Steel, swivel
- 3/4" gate
- Locking snap w/ Impact Indicator
- Meets ANSI Z359.1-2007
- **"Z SERIES"**



49

- Steel, swivel
- 3/4" gate
- Locking snap



74N

- Steel
- 3/4" gate
- Locking snap
- Available in Aluminum (part # 74A, pg 27)



Z74

- Steel
- 3.6K, 3/4" gate
- Locking snap
- Meets ANSI Z359.1-2007
- **"Z SERIES"**



69

- Steel
- 1 3/4" gate
- Locking rebar snap



69N

- Steel
- 1 3/4" gate
- Locking rebar snap



135

- Steel
- 2 1/2" gate
- Locking rebar snap



136

- Steel
- 2 1/4" gate
- Locking rebar snap
- Fits many concrete forms!



Z136

- Steel
- 3.6K, 2 1/4" gate
- Locking rebar snap
- Meets ANSI Z359.1-2007
- **"Z SERIES"**



62

- Steel
- 3.6K, 2" gate
- Twist Lock Scaffold Hook
- Meets ANSI Z359.1-2007
- **"Z SERIES"**
- Available in Aluminum (part # 62A, pg 27)



62R

- Steel
- 3.6K, 2" gate
- Twist Lock Scaffold Hook
- Meets ANSI Z359.1-2007
- **"Z SERIES"**



63

- Steel
- 3/4" gate
- Twist lock snap
- 5K gate capacity
- Meets ANSI Z359.1-2007
- **"Z SERIES"**



354-1

- Steel
- 1/2" gate
- Twist lock carabiner



354-2

- Steel
- 1" gate
- Twist lock carabiner
- Available in Aluminum (part # 354-2A, pg 27)



354-2Z

- Steel
- 3.6K, 1" gate
- Twist lock carabiner
- Meets ANSI Z359.1-2007
- **"Z SERIES"**



354-4

- Steel
- 1" gate
- Twist lock carabiner
- Available in Stainless Steel (part # 354-4SS)
- Meets ANSI Z359.1-2007
- **"Z SERIES"**



354-5

- Steel
- 3/4" gate
- Twist lock carabiner

snap hooks & carabiners

aluminum



74A

- ♦ Aluminum
- ♦ 3/4" gate
- ♦ Locking snap



175

- ♦ Aluminum
- ♦ 1" gate
- ♦ Locking snap



354-2A

- ♦ Aluminum
- ♦ 7/8" gate
- ♦ Twist lock carabiner



135A

- ♦ Aluminum
- ♦ 2 1/2" gate
- ♦ Locking rebar snap



62A

- ♦ Aluminum
- ♦ 2" gate
- ♦ Twist Lock Scaffold Hook



Look for products tagged with this logo. They can be ordered as "Z SERIES" compliant.

'z series' products

ANSI Z359.1-2007 compliant products

FrenchCreek offers a full line of ANSI Z359.1-2007 compliant products - including Lanyards, Lifelines, Rope Grabs, Rebar Assemblies, & other safety equipment! One of the major updates to the Z359.1 Standard is the new gate strength requirements, which requires snap hooks and carabiners meet the following conditions:

- ♦ Gate Face must withstand a load of 3,600 lbs. (increased from 220 lbs.)
- ♦ Side of Gate must withstand a load of 3,600 lbs. (increased from 350 lbs.)
- ♦ Minor Axis of snap hooks or carabiners (except ones with captive eyes) must withstand a load of 3,600 lbs.
- ♦ Tensile load for snap hooks and carabiners must withstand a load of 5,000 lbs.
- ♦ All **"Z SERIES"** hardware shown on page 26.
- ♦ Simply add a "Z" to the part number you are ordering! (any product with snap hook possibilities)



SIMPLY ADD A "Z" TO THE PRODUCT # YOU ARE ORDERING!

lifelines

FrenchCreek lifelines are constructed of a 5/8" 3-strand polyblend synthetic rope, designed for excellent wear, strength, and limited stretch. **Standard lengths are available in 25' increments. Custom lengths are available upon request.**

♦♦ = Quick Ship Item

410 - 5/8" 3-strand polyblend synthetic lifeline with #74N locking snaps at each end. When ordering, final product #'s are designated by length: 25', 50', 100', 200', etc.

For example:

♦♦ 410-25 - 410, 25' in length.

♦♦ 410-50 - 410, 50' in length.

♦♦ 410-100 - 410, 100' in length.

410-200 - 410, 200' in length.

411 - 5/8" 3-strand polyblend synthetic lifeline with #74N locking snap at one end, thimble other end. When ordering, final product #'s are designated by length: 25', 50', 100', 200', etc.

For example:

♦♦ 411-25 - 411, 25' in length.

♦♦ 411-50 - 411, 50' in length.

♦♦ 411-100 - 411, 100' in length.

411-200 - 411, 200' in length.

121-1T - 5/8" 3-strand polyblend synthetic lifeline with thimble on one end. When ordering, final product #'s are designated by length: 25', 50', 100', 200', etc.

For example:

121-1T-25 - 121-1T, 25' in length.

121-1T-200 - 121-1T, 200' in length.

121-1S - 5/8" 3-strand polyblend synthetic lifeline with snap on one end. When ordering, final product #'s are designated by length: 25', 50', 100', 200', etc.

For example:

121-1S-25 - 121-1S, 25' in length.

121-1S-200 - 121-1S, 200' in length.

121-2T - 5/8" 3-strand polyblend synthetic lifeline with thimbles on both ends. When ordering, final product #'s are designated by length: 25', 50', 100', 200', etc.

For example:

121-2T-25 - 121-2T, 25' in length.

121-2T-200 - 121-2T, 200' in length.

rope & rope accessories

Order all of your rope from FCP! We can supply you with exactly what you need for all on-the-job applications! Don't see exactly what you're looking for, please inquire.

116-38 - 3/8" Kermantle® rope, as shown.

116-716 - 7/16" Kermantle® rope.

116-12 - 1/2" Kermantle® rope.

120 - 1/2" 3-strand polyblend synthetic rope, as shown.

121 - 5/8" 3-strand polyblend synthetic rope, as shown.

121-N - 5/8" 12-strand polyester rope, as shown.

121-FN - 5/8" filament nylon rope, as shown.

125-FN - 3/4" filament nylon rope.

122 - 3/8" polypropylene rope, as shown.

123 - 1/2" polypropylene rope.

RL-27T12 - 3/16" 12-strand Technora® rope, as shown.

121CW - 5 lb. flexible counterweight bag to keep lifeline tensioned, to prevent excess slack, and facilitate performance of a trailing rope grab.

121RP - 20" long 4 ply 600 denier polyester rope protector with velcro and tie strap closure. For vertical or horizontal use.

♦♦ **1710 - Aluminum rope termination plate for 5/8" rope lifelines without the need for knots, splicing, or crimping. (Plate ONLY - does not come with rope)**



FrenchCreek offers a comprehensive line of durable, user friendly rope grabs & wire rope grabs. (Lifelines can be purchased separately, and are shown on page 28.) The grabs are available in two different styles:

Manual Rope grab:

Worker manually slides the device to the desired position on the rope and releases it, locking it on the lifeline and providing the worker with fall protection. Great for sloped roofs because they lock in place once positioned.

Trailing Rope grab:

Little or no user positioning needed. Trailing grabs move up and down the lifeline with the worker, locking only when a fall occurs.

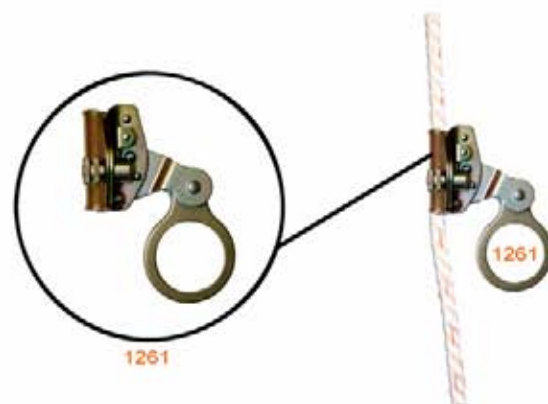
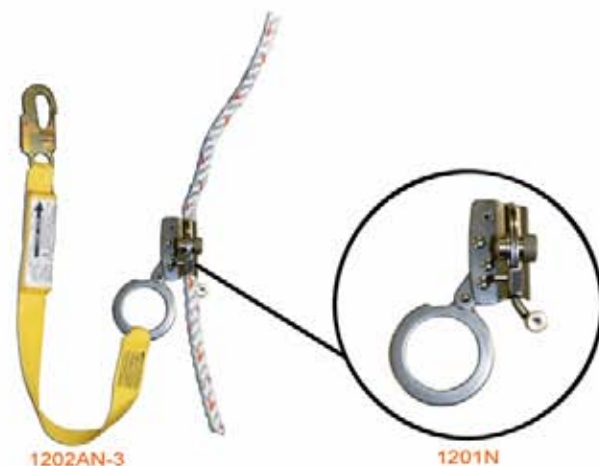
FrenchCreek strongly recommends that lanyard length not exceed 3' when in use with a rope grab. This aids OSHA compliance and helps to reduce free-fall distances.

Rope Grabs: ♦♦ = Quick Ship Item

- ♦♦ 1201 - Stainless steel trailing rope grab for use on 5/8" and 3/4" 3-strand synthetic rope. Attachable, detachable anywhere on lifeline, as shown.
- ♦♦ 1201N - Stainless steel trailing rope grab for use on 5/8" 3-strand synthetic rope. Attachable, detachable anywhere on lifeline, as shown
- 1202N-3 - 1201N with 3' lanyard, #74N locking snap on end.
- ♦♦ 1202AN-3 - 1201N with 3' shock absorbing lanyard, #74N locking snap on end.
- 1202-3 - 1201 with 3' lanyard, #74N locking snap on end.
- 1202A-3 - 1201 with 3' shock absorbing lanyard, #74N locking snap on end, as shown.
- ♦♦ 1261 - Trailing rope grab for use on 5/8" 3-strand synthetic rope. Comes with "gravity washer" to prevent user from installing incorrectly. Attachable, detachable anywhere on lifeline, as shown.
- 1262-3 - 1261 with 3' lanyard, #74N locking snap on end.
- 1262A-3 - 1261 with 3' shock absorbing lanyard, #74N locking snap on end.
- ♦♦ 1311 - Manual Rope grab, plated steel for use on 5/8" 3-strand synthetic rope. Attachable & detachable anywhere on lifeline, as shown. Must be used with a shock absorbing lanyard.
- 1352A-3 - Manual Rope grab, plated steel for use on 5/8" and 3-strand synthetic rope. Not attachable, detachable anywhere on lifeline, as shown.

Wire Rope Grabs:

- ♦♦ 1401-38 - Stainless steel trailing cable grab for use with 3/8" and 5/16" wire rope, as shown.
- 1401A-38 - Stainless steel trailing cable grab for 3/8" and 5/16" wire rope, shock absorber, and carabiner.



Manual Rope Grabs
come installed on rope

roofer's kit rk deluxe series kit

FCP Roofing Kits come ready to install. A variety of roof anchors and multiple lengths of kits are available to fit many residential and industrial applications.

RK Deluxe Roofer's Kits include:

MRA-R double-plate roof anchor (page 31), 410 5/8" lifeline (page 28) with self-locking snaps on each end, 1202AN-3 stainless trailing rope grab with 3' shock absorbing lanyard (page 29), 631 full body harness (page 7), carry bag, and instruction manual, as shown.

RK-25 - 25' working length kit.

RK-50 - 50' working length kit, as shown.

RK-100 - 100' working length kit.



**ROOFERS—
GET WHAT YOU NEED
IN ONE CONVENIENT KIT!**



roofer's kit rkb series kit

RKB Kit configurations are based upon the desired roof anchor and length of rope necessary to fit the application. Components shown to the left are included in all RKB Kits. Choice of anchor and corresponding Kit numbers are shown below.

RKB Kits include:

Desired roof anchor (below), 411 5/8" lifeline with a self-locking snap on one end and an eye thimble on the other end (page 28), 1352A-3 manual rope grab with 3' shock absorbing lanyard (page 29), 631 full body harness (page 7), storage bucket with lid, and instruction manual, as shown.

Want a bag instead of a bucket?

Order "RKA Kits" instead of RKB! All other order info remains the same. Please inquire.

♦♦ = Quick Ship Item

RKB-1720 Kit

Six (6) 1720 Anchors Included.
(More info on page 31)

RKB-1720-25 - 25' kit.

♦♦ RKB-1720-50 - 50' kit.

Other lengths available upon request.



RKB-1725 Kit

One (1) 1725 Anchor Included.
(More info on page 31)

RKB-1725-25 - 25' kit.

♦♦ RKB-1725-50 - 50' kit.

Other lengths available upon request.



RKB-MRA Kit

One (1) MRA-R1 Anchor Included.
(More info on page 31)

RKB-MRA-25 - 25' kit.

♦♦ RKB-MRA-50 - 50' kit.

Other lengths available upon request.



RKB-1715 Kit

One (1) 1715 Anchor Included.
(More info on page 31)

RKB-1715-25 - 25' kit.

♦♦ RKB-1715-50 - 50' kit.

Other lengths available upon request.



Select an Anchor... order the kit!

roof anchors ** = Quick Ship Item

- ** MRA-R1** - Removable/reusable roof anchor (single plate) with screws, as shown.
- MRA-R** - Removable/reusable roof anchor (double plate) with screws, as shown.
- ** 1715** - Removable/reusable roof anchor with single D-ring attachment, as shown. Nails are included.
- ** 1720** - Disposable roof anchor bracket for use with carabiner, as shown. Nails are included.
- 1725** - Disposable roof anchor with single D-ring attachment, as shown. Nails are included.
- ** 1730** - Permanent roof anchor with single D-ring attachment, as shown. Nails are included.
- ** 1740** - Permanent roof anchor with double D-ring attachment. Nails are included.
- 1760** - Permanent structure, post anchor w/ a 360° swivel D-ring connector. (shown on page 33)



MRA-R



1715



1720



1725



MRA-R1



1730



1740



RMRL50G
for variable pitched roofs

Foot for SRMRL50G,
for standing seam metal roofs

1791 Anchor
shown w/
RL50G SRL Installed
(purchased separately)



1792 Anchor
shown w/
RL50G SRL Installed
(purchased separately)

Rooftract™ Roof Retractable Systems

RMRL50G - Roof mount assembly for variable pitch roofs. Mounts anywhere on the roof & can also straddle the peak, rotates 360° for maximum maneuverability and safety, comes with 50' self-retracting lifeline (page 25). Mounting hardware included. Unit is shown.

SRMRL50G - Roof mount assembly for variable pitch standing seam metal roofs. Mounts anywhere on the roof & can also straddle the peak, rotates 360° for maximum maneuverability and safety, comes with 50' self-retracting lifeline (page 25). All mounting hardware included. Unit is virtually the same as RMRL50G, EXCEPT for different feet made specifically for standing seams.

1791 - Roof mount assembly for variable pitch steel, metal or wood roofs. Mounts anywhere on the roof, rotates 360° for maximum maneuverability and safety, comes as anchor ONLY. Retractable lifeline purchased separately, choose from: RL25, RL30, or RL50 Series retracts (page 25). Mounting hardware included.

1792 - Roof mount assembly for variable pitch standing seam metal roofs. Mounts anywhere on the roof, rotates 360° for maximum maneuverability and safety, comes as anchor ONLY in 12"-18" or 24"-36" sizes. Retractable lifeline purchased separately, choose from: RL25, RL30, or RL50 Series retracts (page 25). Mounting hardware included.

tie off strap anchors

FCP Tie-off strap anchors typically choke (pass-thru itself creating a loop) around I-beams or other structures (except 470-VC516-4) to form a secure attachment point for lanyards or other connecting devices. ** = Quick Ship Item

1100 Web Series: (1 3/4" high strength nylon webbing unless noted)

1122HD - 22" single D-ring tie-off strap made of 1" nylon webbing, as shown.

** **1124** - 2' single D-ring tie-off strap.

1124K - 2' single D-ring Kevlar tie-off strap, as shown.

** **1136** - 3' single D-ring tie-off strap, as shown.

1136K - 3' single D-ring Kevlar tie-off strap.

1148 - 4' single D-ring tie-off strap.

1160 - 5' single D-ring tie-off strap.

1172 - 6' single D-ring tie-off strap.

1196 - 8' single D-ring tie-off strap.

1300 Web Series: (1 3/4" high strength nylon webbing unless noted)

** **1324** - 2' double D-ring tie-off strap.

** **1336** - 3' double D-ring tie-off strap, as shown.

** **1348** - 4' double D-ring tie-off strap.

** **1372** - 6' double D-ring tie-off strap.

1396 - 8' double D-ring tie-off strap.

1300WP Web Series: (1 3/4" high strength nylon w/ 3" wear pad)

1324-WP - 2' double D-ring tie-off strap with 3" wear pad.

1336-WP - 3' double D-ring tie-off strap with 3" wear pad, as shown.

1348-WP - 4' double D-ring tie-off strap with 3" wear pad.

** **1372-WP** - 6' double D-ring tie-off strap with 3" wear pad.

Wire Rope Series:

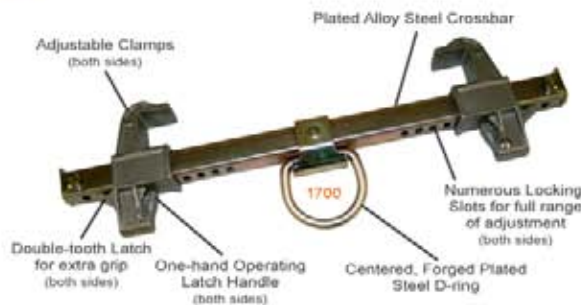
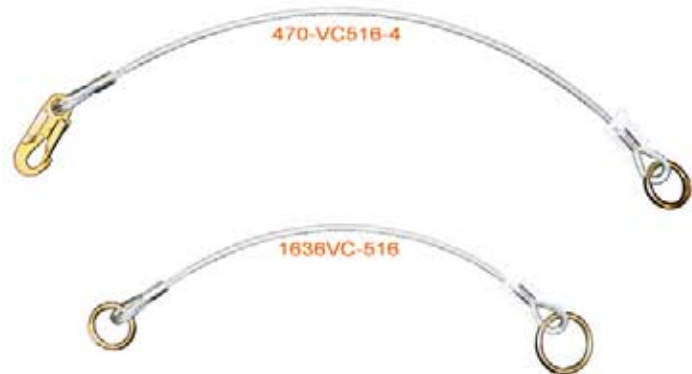
470-VC516-4 - 4' vinyl coated wire rope (5/16") tie-off extension strap, #74N locking snap one end, 3" OD steel O-ring for tie-off other end.

1636VC-516 - 3' vinyl coated wire rope (5/16"), 3" OD steel O-ring one end, 4" OD steel O-ring other end. Designed to choke one ring through the other.

1636 - 3' vinyl coated wire rope (3/8"), 3" OD steel O-ring one end, 4" OD steel O-ring other end. Designed to choke one ring through the other.

1636G - 3' galvanized wire rope (3/8"), 3" OD steel O-ring one end, 4" OD steel O-ring other end. Designed to choke one ring through the other.

*All tie-off straps can be manufactured to any length.



beam trolley & beam anchor

106 - FCP's Beam Trolley is adjustable and slides along the beam with the worker for maximum mobility. The flange width is adjustable from 3"-8" and provides a maximum capacity rating of 400 lbs., as shown.

1700 - Adjustable sliding beam anchor for 3 1/2" to 12" wide flange, up to 1 1/4" thick. Can be used on the top or bottom of I-beam, and will slide along the beam as the worker moves. The unit features double stainless springs, double action one-handed quick release latches, double-toothed latches, a centered D-ring for a smoother slide, and an ultimate tensile rating of 5,000 lbs.

anchorage connectors

steel series

FCP's steel anchorage connectors are removable, reusable, and are made to be mounted on solid steel structures and/or steel I-beams. ** = Quick Ship Item

- ** 1550 - D-bolt anchor for up to 2 1/2" working thickness includes a 5/8" bolt assembly, as shown.
- ** 1701 - Bolt-on Anchor Plate with D-ring, as shown.
- ** 1705 - 360° rotating & swiveling D-bolt anchor, as shown
- 1760-12S-S - Post anchor w/ 360° swivel D-ring. Comes with mounting hardware. Also available in 18" model.
- ** 1769 - Spring action Girder Anchor offers one-handed operation for a variety of applications. Fits 3/4" - 1 1/4" hole diameter, maximum 1" thick material, as shown.
- 1775-S3 - 1/4" stainless steel anchor plate, six ply webbing, plated steel D-ring, and 3" bolt, washers & nut for steel applications.



1550



1705
Swivels 360°

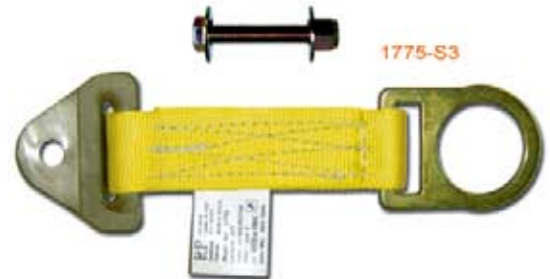
1760-12S-S
Swivels 360°



1701



1769



1775-S3

1769 Girder Anchor in use.



anchorage connectors

concrete series

FCP's disposable concrete anchor straps (1124C & 1124CND) are designed to provide temporary anchorage in concrete. The 1 3/4" wide abrasion resistant webbing and forged steel D-ring are rated at 5,000 lbs. ** = Quick Ship Item

1124C - 2' concrete anchor strap with D-ring, as shown.

1124CND - 2' concrete anchor strap with web loop, as shown.

1136C - 3' concrete anchor strap with D-ring.

1136CND - 3' concrete anchor strap with web loop.

1148C - 4' concrete anchor strap with D-ring.

1148CND - 4' concrete anchor strap with web loop.

** **TC100** - Concrete anchor that is placed through a hole in the concrete floor, providing workers on a lower level an over-head anchor. Anchor is as shown.

** **1705C** - 360° rotating & swiveling D-bolt anchor, as shown.

1760-12S-C - Post anchor w/ 360° swivel D-ring. Comes with mounting hardware. Also available in 18" model.

** **1770** - 3/4" portable/reusable concrete hole anchor, rated to 5,000 lbs. Can be used for vertical and overhead concrete applications.

1775 - Concrete anchor with stainless steel plate, six ply webbing, plated steel D-ring, & one concrete bolt.

1775B10 - 10 pack of disposable concrete anchor bolts.

1775B20 - 20 pack of disposable concrete anchor bolts.

1780-24 - 24" ColumnCrete Anchor - reusable two person anchor point that installs through concrete columns. When pouring columns, insert PVC tube that will allow for insertion, use, and removal of anchor.

1780-36 - 36" ColumnCrete Anchor - reusable two person anchor point that installs through concrete columns. When pouring columns, insert PVC tube that will allow for insertion, use, and removal of anchor.



1124C



1124CND



1760-12S-C
Swivels 360°



1705C
Swivels 360°



TC100 Anchor in use.



TC100



1780



1775 Concrete Anchor in use.



1775

Solid attachment ring



1770

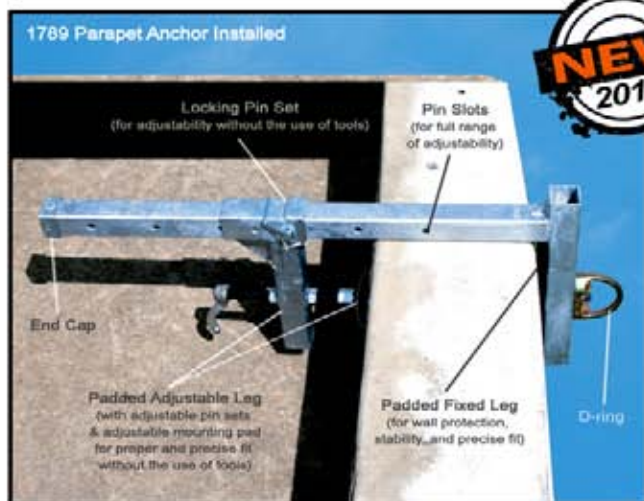
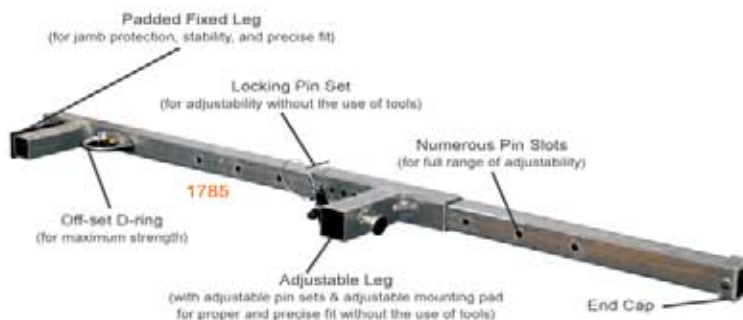
Easy to read label

Sliding chock button engages & disengages anchoring wedge

Sliding/expanding wedge for simple, positive anchoring

door jamb anchor ** = Quick Ship Item

- 1785** - The FCP Door Jamb Anchor is designed to be used as a temporary anchor that mounts in door or window openings from 24" to 43" wide. Applications include construction, roof tops with door entrances, elevator shafts, wall openings, emergency & rescue situations, and more. Features one fixed leg and one adjustable leg (with multiple pin sets & adjustable mounting pad), the unit can be sized and secured without the use of tools. The FCP Door Jamb Anchor meets or exceeds all OSHA requirements.



parapet wall anchor

** = Quick Ship Item

- 1789** - The FCP Parapet Wall Anchor is designed to provide a single worker with a portable, temporary anchorage on parapet walls up to 20" thick. Applications include window washing, construction, emergency & rescue situations, and more. Features one padded fixed leg and one padded adjustable leg (with multiple pin sets & adjustable mounting pad), the unit can be sized and secured without the use of tools.



rail anchor

- 1790** - The rail anchor is designed to meet the needs of those workers that are working on railway line that requires a compliant means to anchor a personal fall arrest system. The anchor allows the user to quickly and easily affix the anchor unit to a rail (55-100 lb rail) and then attach the personal fall arrest system. The unit is designed to allow some horizontal movement by sliding along the rail, but it is not designed to pass rail splice plates.

multi-use anchorage connectors

FCP's multi-use anchorage devices can be used in a variety of applications, however some limitations may apply. FCP's consultations experts are available for inquiries, and can make recommendations concerning the proper anchorage connector for your job. ** = Quick Ship Item

- 1824** - 24" Anchor Strap rated to 400 lbs. is designed for use on scaffolding, pipe, or angle iron. Features one-handed operating rebar snap #135 (page 26), and connecting D-ring on the other end, as shown.

- 1503** - 5" stainless steel wire hook anchor is rated to 400 lbs, and can connect to various approved anchorages including railings, smaller I-beams, angle iron or scaffolding, as shown.

- 4150** - 4' Boom strap anchor attaches to boom quickly and easily with friction buckle design. Featuring 1 3/4" polyester webbing and coated steel hardware provides a minimum tensile rating of 5,000 lbs., as shown.



horizontal lifeline systems

Manufactured of synthetic rope or wire rope, FCP's horizontal lifeline systems allow one or two workers (up to 310 lbs. each) to remain tied off while in horizontal transition between two anchor points. The lifelines can be anchored by anchorage connector straps, D-bolt anchors, anchor plates, or other compatible anchorage connectors. The line tensioner on the rope system is used for line adjustment and proper tension. Wire rope systems use a turn buckle and combination clamp to achieve proper adjustment and tension. All Horizontal Lifeline's come in standard lengths of 30' or 60'.

RHL-30 - 30' temporary premium nylon rope HLL with tensioner, tie off straps, and carry bucket.

RHL-60 - 60' temporary premium nylon rope HLL with tensioner, tie off straps, and a carry bucket. Lifeline is shown.

RHLD-30 - 30' temporary, low stretch rope HLL with in line shock absorber, tensioner, tie off straps, and carry bucket.

RHLD-60 - 60' temporary, low stretch rope HLL with in line shock absorber, tensioner, tie off straps, and carry bucket. Lifeline is shown.

CHL-30 - 30' temporary wire rope HLL with in line shock absorber, tie off straps, connectors, and carry bucket.

CHL-60 - 60' temporary wire rope HLL with in line shock absorber, tie off straps, connectors, and carry bucket. Lifeline is shown.

RHL-60 Lifeline

RHLD-60 Lifeline

CHL-60 Lifeline

RHL-60 system in use.



beam safety posts

"BG" beam guard series

The BG Series temporary horizontal lifeline offers ideal protection when an overhead anchorage does not exist. Allowing up to two workers to tie off in each span without the use of a shock absorber in the lifeline, the BG Series provides continuous fall protection for the length of the line. The end posts of the system are tied back to themselves, eliminating the need for additional cables which could create potential tripping hazards. Intermediate posts can be outfitted with a pass-thru bracket to allow a connector to continuously run the length of the system.

Posts are 42" tall, offset for ease of use, and can be set up to any cable length with a maximum of 60' between posts. The base of the posts are configured to either clamp onto steel "I" beams, embed into poured concrete leaving exposed studs, embed inserts into poured concrete leaving tapped holes in the concrete, or by mounting to a solid concrete surface by drilling and inserting rods or other anchors. Standard posts fit beams 4" to 13-3/4" with a flange thickness up to 1-1/4". Standard posts can be outfitted for wider flanges, and a larger base can accommodate extra flange thickness. Please contact FCP for additional recommendations, specific mounting details, or questions concerning anchoring.

"I" Beam Systems: ♦♦ = Quick Ship Item

- ♦♦ **BGE8** - End post assembly, as shown.
- BG18-60** - 60' system with two end posts, and cable assembly, as shown.
- BG18-120** - 120' system with three posts, intermediate pass-thru, and complete cable assembly.
- BG18-180** - 180' system with four posts, two intermediate pass-thru's, and complete cable assembly.
- BG18-240** - 240' system with five posts, three intermediate pass-thru's, and complete cable assembly.
- ♦♦ **1BGPASS** - Pass-thru attachment to be mounted at top of intermediate post.

Concrete Systems:

- 1CBGROD** - End post assembly w/quick rod installation into cured concrete.
- 1CBGROD-60** - 60' system with two posts, and cable assembly.
- 1CBGROD-120** - 120' system with three posts, intermediate pass-thru, and complete cable assembly.
- 1CBGROD-180** - 180' system with four posts, two intermediate pass-thru's, and complete cable assembly.
- 1CBGROD-240** - 240' system with five posts, three intermediate pass-thru's, and complete cable assembly.



BGE8

FCP's Beam Safety Posts, BG18-60 in use.



tower, ladder, rail climbing systems

FrenchCreek's rigid rail climbing systems provide maximum climbing safety for workers in a multitude of applications, such as: towers, antennas, chimneys, stacks, scaffolds, support poles, wind generators, signs, water tanks, dams, silos, shipboard, ladders, and virtually any place that climbing must be done! The rail attaches quickly and easily to any ladder, step iron, or climbing surface. The trolley moves freely along the rail until a slip or fall occurs, when the trolley instantly locks, and the fall is immediately arrested.

♦♦ = Quick Ship Item

Rails:

1-1100-AR - Anodized aluminum climbing rail, with all mounting hardware included.

1-1105-SS - 316 stainless steel climbing rail with all mounting hardware included.

1-1100-CR - Curved anodized aluminum climbing rail, with all mounting hardware included.

Trolleys:

♦♦ **2-1200A-AT** - Climbing trolley for straight, vertical aluminum rail, as shown.

2-1221A-AT - Aluminum climbing trolley for curved/straight climbing rail.

2-1223-AT - Aluminum trolley for horizontal rails, as shown.

♦♦ **2-1224A-AT** - Climbing trolley for stainless steel & aluminum climbing rails.



2-1200A-AT



Ladder / Rigid Rail Climbing System in use with 850B-TS Harness (page 10).

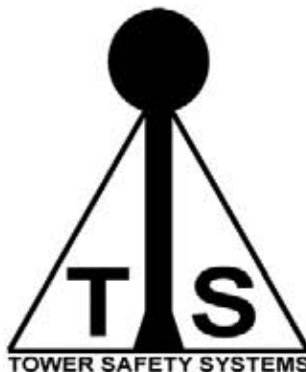


Horizontal Trolley and Rail System

2-1223-AT



Removable Extension
5-1501



TOWER SAFETY SYSTEMS

tower, ladder, rail climbing systems

optional equipment

Removable Extension - The removable extension is used to access a permanent rail system/ladder from the top, when a permanent extension is not possible or desirable. The extension is positioned into the existing permanent rail with a machined high-strength alignment bar and support channel, as shown. ♦♦ = Quick Ship Item

♦♦ **5-1501** - 54" removable aluminum extension rail, as shown.

♦♦ **5-1502B** - 42" removable stainless steel extension rail.

Ladder Rung Clamps - Ladder rung clamps are included with the FCP Rigid Rail Climbing System, however, you have the option to choose the style of ladder rung clamps that will best fit your installation site. Choose from a variety of shapes and sizes, as shown. Hardware to mount to side riser of ladder is also available. Please inquire at time of ordering.



Ladder Rung Clamps

flexible cable climbing systems

All FCP flexible cable climbing systems come with a top bracket, bottom bracket with tensioner, rung clamps for up to 1-1/8" diameter rungs, 3/8" galvanized wire rope lifeline permanently terminated at one end and clips on the other end, with standard lengths varying from 20' to 300', and an appropriate amount of cable guides based upon length. Full body harness and cable grab sold separately. Mounting hardware is available for other applications besides fixed ladders. Please contact FCP for more information. We will be glad to configure a custom system to meet your specific job application.

Vertical Flexible Cable Climbing Systems:

VL-38 When ordering, final product #'s are designated by length, with standard lengths ranging in 10' increments from 20' to 300'. (does not include wire rope grab)

For example:

VL-38-20 - VL-38, 20' in length

VL-38-300 - VL-38, 300' in length

Flexible Cable Climbing System Components:

♦♦ = Quick Ship Item

♦♦ **1401-38** - Stainless steel trailing wire rope grab for 3/8" wire rope, as shown on page 29.

1401A-38 - Stainless steel trailing wire rope grab for 3/8" wire rope, shock absorber, and carabiner.

VL-CG - Cable guide, fits up to 1 1/8" ladder rung.
- 3/8" wire rope assembly for wire rope climbing systems, permanent eye one end, wire rope clips and thimble other end. When ordering, final product #'s are designated by length, with standard lengths ranging in 10' increments from 20' to 300'.

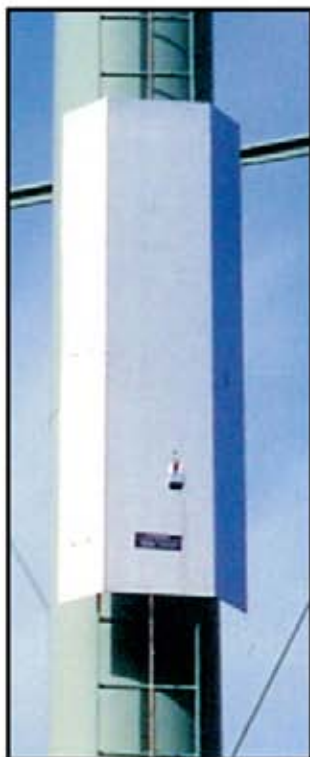
For example:

C38-20 - C38, 20' in length

C38-300 - C38, 300' in length



VL-38



4-1000

ladder gate system

♦♦ = Quick Ship Item

♦♦ **4-1000** - FCP's Ladder Gate is constructed of heavy-gauge, rust proof aluminum. The braces and hardware are made of galvanized heavy gauge steel. Installation is easy (no welding or cutting), just bolt the hardware in place, position the ladder gate, and secure for a no maintenance, permanent installation that will prevent the ladder from unauthorized use. Dimensions: 8' high x 36" wide x 1/8" thick.

KEEP IT SAFE!

Prevent your Ladders from unauthorized use with the FCP Ladder Gate! Easy installation and zero maintenance makes the Ladder Gate your #1 Choice!

Rescue, Recovery, &

FCP OFFERS EVERYTHING YOU NEED FOR CONFINED SPACES!

FrenchCreek manufactures top quality rescue equipment, complete rescue systems, and accessories to aid in rescue or recovery, all of which meet or exceed the OSHA requirements for confined space rescue! We can also manufacture Custom Products for specific job applications. Please inquire for more information concerning customized products.

confined space accessories

♦♦ = Quick Ship Item

- ♦♦ **45** - Split pulley, stainless sheave, aluminum sides.
- ♦♦ **354-2** - Twistlock carabiner, 1" gate (page 26).
- ♦♦ **354-5** - Twistlock carabiner, 3/4" gate (page 26).
- ♦♦ **204** - 16"x12"x10" hard bottom winch bag with handle and velcro closure.
- 206** - 32" dia. x 66", 7' tripod carrying bag (page 44).
- 207** - Wristlets (pair).
- 207Y** - Wristlets (pair) with yoke.
- 207YL** - Wristlets (pair) with yoke and 25' tagline.
- 702Y** - Web yoke assembly with spreader bar.



45



354-2



354-5



204



702Y



207



207YL

Confined Space Systems

confined space systems

♦♦ = Quick Ship Item

R50 Series, 3-way Unit:

The R50 Series Unit is a self-retracting lifeline, capable of raising and lowering, for rescue or retrieval. If a worker slips or falls, the unit locks up, arresting the fall. The system can then be activated into winch mode, raising or lowering the worker to safety. The R50 also has a friction brake that prevents the crank handle from free-wheeling while under a load. The unit is manufactured of a rugged, lightweight cast aluminum housing, and includes a mounting bracket for FCP's Tripod or Davit Systems, a #45 split pulley, and carabiner for attaching the lifeline to an anchor such as a tripod. Order the R50 unit by choosing the preferred type of line:

♦♦ **R50G** - 50' galvanized wire rope, as shown.

R50SS - 50' stainless steel wire rope.

R50T - 50' Technora® synthetic rope.

MW Series:

The MW Series winches offer raising and lowering capabilities with a friction brake that prevents the unit from free-wheeling when under a load. Manufactured of a rugged steel frame and drum, the unit includes a #45 pulley, and a carabiner for attaching the line to an anchor such as a tripod. Order the MW unit by choosing the preferred length and type of line:

♦♦ **MW50G** - 50' galvanized wire rope, as shown.

MW50SS - 50' stainless steel wire rope.

MW50T - 50' Technora® synthetic rope.

MW100G - 100' galvanized wire rope.

MW100SS - 100' stainless steel wire rope.

MW100T - 100' Technora® synthetic rope.

TP7 Series Tripods:

FCP confined space tripods are designed to withstand 5000 lbs of vertical load, yet are lightweight and portable, offering single person setup that is quick and easy. TP Series tripods feature adjustable/locking aluminum legs, safety chain, non-slip rubber safety shoes, and two attachment points on the steel head.

♦♦ **TP7** - 7' aluminum tripod, 2 attachment points on head.

♦♦ **TP9** - 9' aluminum tripod, 2 attachment points on head.

Tripod Systems: (use 9 in place of 7 to order the 9' tripod)

♦♦ **S50G-7** - TP7 tripod, R50G rescue unit.

S50SS-7 - TP7 tripod, R50SS rescue unit.

♦♦ **R50G-TP7** - TP7 tripod, R50G rescue unit, 204 bag.

R50SS-TP7 - TP7 tripod, R50SS rescue unit, 204 bag.

♦♦ **S50G-M7** - TP7 tripod, R50G rescue unit, MW50G work winch, as shown.

S50SS-M7 - TP7 tripod, R50SS rescue unit, MW50G work winch.



quad pod & davit systems

With the capabilities of an interchangeable arm, the Quad Pod base and Davit bases can be shared between one fall arrest/raising/lowering arm.

Quad Pod System:

FCP's rugged and versatile Quad Pod System can be used as an alternative to a Tripod System. The free standing portable base has adjustable feet and folds for easy carrying. The arm pivots 360° and includes a 50' fall arrest/rescue retractable unit, and a 50' winch unit with raise and lower capabilities.

FCPQ200 - Complete Quad Pod System, as shown.

FCPBOOM - Boom ONLY (does not include a mounting base).

FCPBASE-FOURLEG - Quad Pod 4-leg base ONLY (does not include Davit arm).

Davit System:

The FCP Davit System bases can be permanently mounted where conventional Tripods or Quad Pod Systems are impractical to use. The arm pivots 360° and includes a 50' fall arrest/rescue retractable unit, and a 50' winch unit with raise and lower capabilities. One interchangeable Davit arm can be used on several permanent bases at different locations.

FCPD300 - Complete Davit System, as shown.

FCPBOOM - Boom ONLY (does not include a mounting base).

FCPD300BASE - Davit Base ONLY (does not include Davit Arm or Riser Pole). Many bases can be purchased & mounted. The Riser Pole & Davit Arm can be interchanged.

FCPRISER - Riser Pole for Davit Base.



FCPD300
Complete Davit System



FCPQ200
Complete Quad Pod System

**WE ARE YOUR PREMIER
SOURCE FOR CONFINED SPACE &
RESCUE/RECOVERY SYSTEMS!**

controlled descent devices

♦♦ = Quick Ship Item

- ♦♦ **199D** - Manually operated controlled descent device and a 354-2 carabiner, commonly used for:

Suspended Work Positioning:

- window washing, exterior building maintenance, tower erection, bridge construction, etc...

Emergency Self-evacuation:

- escaping from equipment (cranes, buckets, towers, etc...)

Rescue / Recovery Situations

The device can be used with a full body harness or work seat, along with an appropriate fall arrest system. Used on a single 7/16" (11 mm) piece of approved rope (at any length), the operator can install the device at any point along the rope. As the lever on the device is moved, friction on the rope decreases and the device will descend. As a protective measure, when the control lever is unintentionally fully pressed or fully released, as in a panic situation, the friction increases and the descent is stopped.

The controlled descent device can also be inverted and attached to the anchor, to be operated by rescue personnel, to lower another individual. The system comes in standard length increments of 50'.

Controlled Descent Kits - Standard Kits include: desired length of rope with thimble eye on one end, two #354-2 carabiners, 199D controlled descent device, and drawstring carry bag.

199-50 - 50' Kit.

199-100 - 100' Kit.

199-200 - 200' Kit.



system 99

self-raising / self-lowering system

99B - FCP's **SYSTEM 99** is a versatile lifting and lowering system that can be used for Utility/Work Systems or for Rescue & Recovery. The **SYSTEM 99** is a lightweight, compact universal system that can be set up in a few seconds and performs a variety of functions. With a mechanical advantage of 3:1, it can easily be operated by one person. Should an emergency situation occur, a top-side observer or worker can utilize the system to rescue an incapacitated worker. The lightweight design is extremely beneficial, with a 200 ft. long system weighing in at only 52 lbs! The system comes complete with two carabiners, one for connection to the anchorage, one for connection to the user, plus an ascender handle with lanyard. When ordering, final product #'s are designated by length.

For example:

99B-50 - System 99 in 50' length.

99B-100 - System 99 in 100' length.

99B-200 - System 99 in 200' length.



99B along with a 4153 Work Seat & 651 Harness in use.

flexible access ladders

FCP Flexible Access Ladders are constructed of high strength webbing and 1 1/4" diameter round fiberglass rungs that are 12" wide. Each ladder comes complete with two #354-2 carabiners (page 26). Multiple ladders can be joined together using carabiners, or you can order a longer length, or a custom length.

WL-10 - 10' flexible web ladder, two #354-2 carabiners.

WL-20 - 20' flexible web ladder, two #354-2 carabiners, as shown.

WL-30 - 30' flexible web ladder, two #354-2 carabiners.

WL-40 - 40' flexible web ladder, two #354-2 carabiners.

WL-50 - 50' flexible web ladder, two #354-2 carabiners.

354-2 - Twistlock carabiner 1" gate. Connect ladders, or use to connect to anchorage (page 26).



This sample ladder shows how all web ladders can be joined with Carabiners.



203



204



206



208



208Z



211

carry bags & pouches

FCP offers a wide range of carry and tool bags, from small utility bags for carrying safety glasses or respirators, to larger bags to help transport fall arrest or confined space equipment. If you need a longer bag, shorter bag, personalized silk screening, or any sort of custom bag, please inquire. We may be able to manufacture exactly what you need!

♦♦ = Quick Ship Item

203 - 17"x8.5"x8.5" carry bag with handle and zipper closure, as shown.

♦♦ **204** - 16"x12"x10" hard bottom carry bag with handle and velcro closure, as shown.

♦♦ **206** - 32" dia. x 66", 7' tripod carrying bag, as shown.
206-9 - 9' tripod carrying bag.

208 - 8.5" dia. x 12" h, drawstring bag, as shown.

208-1 - 11" dia. x 14" h, drawstring bag.

♦♦ **208Z** - 19"x9"x9" carry bag with handle and zipper closure, as shown.

211 - 5"x3"x9" lanyard pouch, as shown.

220 - 8"x4"x10" nut and bolt bag with tool belt loops and velcro closure.

Introducing the **PacMule Firefighter Belt**

SPECIALLY DESIGNED BY FIREFIGHTERS, FOR FIREFIGHTERS!



This lightweight series of fireman's belts integrates 1 3/4" webbing rated at 10,000 lbs, a 4" Coolmax-lined comfort back pad with 3M Scotchlite highly reflective material, patented drop-down tool D-rings with snap closures to keep D's out of the way when not in use, forged front bailout ring with snap closure, choice of quick release front snap or tongue & grommet front buckle, & two rear carabiner slots for additional gear attachment. Exceeds NFPA standards for escape belts.

***These belts are for Firefighters ONLY, and are NOT intended for generalized fall protection!**



♦ QN4105FB - Fireman's Escape Belt

Adjustable quick-clip waistbelt, 2" forged front bailout D-ring, two 2" drop-down tool D-rings on the hips, all D-rings secure with snap closures when not in use.



♦ QN4107FB - Fireman's Escape Belt

Adjustable quick-clip waistbelt, 2" forged front bailout D-ring, two 3" drop-down tool D-rings on the hips, all D-rings secure with snap closures when not in use.



♦ QL4107FB-18 - Fireman's Ladder Belt

Adjustable quick-clip waistbelt, 1 3/4" front bailout D-ring, 18" tie-off lanyard with 1 7/8" carabiner, two 3" drop-down tool D-rings on the hips, the D-rings and lanyard secure with snap closures when not in use.



♦ QL4109FB-18 - Fireman's Ladder Belt

Adjustable quick-clip waistbelt, 1 3/4" front bailout D-ring, 18" tie-off lanyard with 1 7/8" carabiner, one 3" drop-down tool D-ring & one 2" drop-down tool D-ring on the hips, the D-rings and lanyard secure with snap closures when not in use.



♦ GL4107FB-18 - Fireman's Ladder Belt

Adjustable tongue & grommet waistbelt, 1 3/4" front bailout D-ring, 18" tie-off lanyard with 1 7/8" carabiner, two 3" drop-down tool D-rings on the hips, the D-rings and lanyard secure with snap closures when not in use.



♦ GL4109FB-18 - Fireman's Ladder Belt

Adjustable tongue & grommet waistbelt, 1 3/4" front bailout D-ring, 18" tie-off lanyard with 1 7/8" carabiner, one 3" drop-down tool D-ring & one 2" drop-down tool D-ring on the hips, the D-rings and lanyard secure with snap closures when not in use.

Belts are color coded to size. (All belts shown above are size Large, therefore come in Blue)

SIZE	S	M	L	XL	XXL
WAIST	20-28	28-34	34-40	42-50	52-60
COLOR	GREEN	BLACK	BLUE	YELLOW	RED

Please order according to your actual waist size.

PacMule sizing is based upon waist size, then belts are made larger to fit over turn out gear.

fall protection / safety training programs

FCP's new training programs are designed to provide awareness, while assisting your company in creating and maintaining a safe and productive work environment. Fall Protection and Confined Space / Rescue training is a necessary and imperative component to a well rounded safety program. Having the proper safety equipment is the first step to safety. The next step is to learn how to properly utilize and care for the safety equipment you have wisely invested in, but don't stop there! It is also necessary for your workers to be trained in recognizing safety hazards, evaluating those hazards, and taking all necessary measures to rectify or protect themselves in the existing work environment.

FCP's field experienced, professional trainers will come to you. We are willing to work with you on-site, or at a location of your convenience, to ensure the best possible training for your company.

A few of the training courses provided include:

- ♦ OSHA Course Training
- ♦ Fall Protection Training
- ♦ Confined Space Training
- ♦ Rescue/Recovery Training
- ♦ Ladder & Scaffolding Training
- ♦ Tower Climber Training
- ♦ Competent Person Training
- ♦ Equipment Inspection Training
- ♦ Train the Trainer
- ♦ Plus so much more! If your needs aren't listed above, please inquire.



Available in DVD or VHS



guide to fall protection videos

Professional's Guide to Fall Protection is intended to assist with the development and implementation of a successful fall prevention program. By outlining the key ingredients of a fall protection plan, the guide comprehensively reviews standards, regulations, selection of equipment, and the importance of a proper fall protection plan.

- ♦ FPG-1DVD - DVD "Professional's Guide to Fall Protection"
- ♦ FPG-1VHS - VHS "Professional's Guide to Fall Protection"

Ever wonder why we're called FrenchCreek?

Few streams in western Pennsylvania are more attractive and more biologically diverse than French Creek. This nationally renowned waterway begins in Chautauqua County, western New York, and flows for 117 miles through the northwestern Pennsylvania counties of Erie, Crawford, Mercer and Venango until it empties into the Allegheny River at Franklin, Pennsylvania. With nine major tributaries, the watershed encompasses 1,235 square miles, over 90 percent of which are in Pennsylvania's rolling hills and broad valleys of the Allegheny River watershed. A historical waterway, French Creek was named in 1753 by young George Washington as he journeyed to Fort LeBoeuf (now Waterford, Erie County) to warn the French that they were on British territory. French Creek provided early settlers with abundant natural resources, including a waterway for transportation. - Western Pennsylvania Conservancy, www.WaterLandLife.org

OSHA - Occupational Safety & Health Act

- **1910.269** Electric power generation, transmission, and distribution
 - (g) (2) Fall protection
 - (i) Personal fall arrest equipment shall meet the requirements of subpart M of part 1926.
- **Subpart M of Part 1926 - Fall Protection**
 - 1926.500** Scope, application, and definitions applicable to this subpart (subpart M)
 - 1926.501** Duty to have Fall Protection
 - 1926.502** Fall Protection System Criteria & Practices
 - 1926.503** Training Requirements
- **Appendix to Subpart M**
 - App A** Determine Roof Widths
 - App B** Guardrail Systems
 - App C** Personal Fall Arrest Systems
 - App D** Positioning Device Systems
 - App E** Sample Fall Protection Plans
- **1926-500 Scope & Application**
 - (A) (1) This subpart sets forth requirements and criteria for fall protection in construction workplaces. It does not apply to employees making an inspection or assessment of the workplace prior to work starting or after construction has been completed.
- **1926-501 Duty to have Fall Protection**

This section sets forth requirements for the employer to provide fall protection for the employee. Employees working 6' or more above a lower level shall be protected from falling by the use of a fall arrest system, safety nets, or a personal fall arrest system.

 - (2) Sets forth those workplaces, conditions, operations, and circumstances for which fall protection shall be provided except as follows:
 - (1) employees working on scaffolds that are covered under subpart L
 - (11) employees working on cranes that are covered under subpart N
 - (111) employees performing steel erection work that are covered under subpart R
 - (1V) employees working on equipment in tunneling operations that are covered under subpart S
 - (V) employees working in electrical transmission and distribution as covered under subpart V
 - (VI) employees working on ladders and stairways which are covered under subpart X
- **1926-502 Fall Protection Systems Criteria & Practices**

Sets forth the requirements for installation, construction, and proper use of fall protection as outlined in Subpart M.

 - (2) Employers shall provide and install all fall protection systems required by this subpart for the employee, with all other pertinent requirements met prior to the work beginning that necessitates the fall protection.
 - (20) The employer shall provide for prompt rescue of employees in the event of a fall or shall assure that the employees can rescue themselves.
- **1926-502 Fall Protection Systems Criteria & Practices**
 - (A) (1) The employer shall provide training for each employee exposed to a fall hazard.
 - (A) (2) The employer shall assure that each employee has been trained by a competent person.
 - (B) (1) The employer shall verify training by maintaining a written certification record of training for each employee.

For more information on these and other OSHA Standards, please visit: www.osha.gov

ANSI - American National Standards Institute

- **Z359.1 ANSI Safety Requirements for Personal Fall Arrest Systems, Subsystems, and Components**
 - 1. Scope, Purpose, Application, Exceptions**
 - 1.1 Scope** - This standard establishes requirements for the performance, design, marking, qualifications, instructions, training, inspection, use, maintenance, and removal from service of connectors, full body harnesses, lanyards, energy absorbers, anchorage connectors, fall arresters, vertical lifelines, and self retracting lanyards comprising personal fall arrest systems for users within the capacity range of 130 to 310 pounds.
 - 1.2 Purpose & Application**
 - 1.2.1** This standard addresses only personal fall arrest systems incorporating full body harnesses.
 - 1.2.2** This standard addresses equipment for personal protection against falls from heights and applies to the manufacturers, distributors, purchasers, and users of such equipment.
 - 1.2.3** Body belts, window cleaner belts, chest waist harnesses and chest harnesses when used for body support or work positioning are not addressed by this standard.
 - 1.2.4** Before any equipment shall bear the mark Z359.1 all requirements of this standard must be met.
 - 1.3 Exceptions**
 - 1.3.1** The requirements of this standard do not address the Construction Industry (SIC Division C), Window Cleaning Belts, & Sports-related Activities.
- **A10.14 ANSI Safety Requirements for Construction and Demolition Operations**
 - 1. Scope & Purpose**
 - 1.1 Scope** - This standard establishes performance criteria for the manufacturer and use of body belts, harnesses, lanyards, lifelines, rope grabs, and shock absorbers for construction and demolition. It does not include lineman body belts and pole straps, window washers belts, or safety ladder belts.
 - 1.2 Purpose** - This standard details fall arrest/restraint systems, equipment and methods that shall be used when an employee is exposed to a fall hazard.

For more information on these and other ANSI Standards, please visit: www.ansi.org



Because your life is on the line!

626 Thirteenth Street • Franklin, PA 16323 • Toll Free: 877.228.9327 • 814.437.1808

fax: 814.437.2544 • fcp@velocity.net • www.frenchcreekproduction.com

POSTAGE

please call or email to locate your nearest FCP distributor

www.frenchcreekproduction.com



MAIL TO:

FrenchCreek Production's mission is to consistently demonstrate the highest level of quality in every aspect of our business... service to our customers, dedication to our employees, and commitment to our industry. We will retain our established old fashioned values while exploring new frontiers. By adhering to these principles, we face the future confident that we have earned the loyalty of our customers, employees, and community... Success will ensue.